

N. C. JINDAL PUBLIC SCHOOL PUNJABI BAGH, NEW DELHI ANNUAL CURRICULUM

Class :XI	Subject :HOME SCIENCE	Subject Teacher (Prepared by):BHARTI PUSHKARNA		Designation:PGT		
Preferred Text Book / Material	Chapter's Name	Chapter Topic / Sub Topic	Periodic te	Start Date	End Date	No.of Periods
A BOOK OF HOME SCIENCE	CONCEPT OF HOME SCIENCE	MEANING AND SCOPE OF HOME SCIENCE	first	2.7.2018	5.7.2018	4
	AND SCOPE OF HOME SCIENCE	EVOLUTION OF THE DISCIPLINE ,RELEVANCE IN				
		IMPROVING LIFE				
	HUMAN DEVELOPMENT AND	INTRODUCTION TO VARIOUS STAGES		5.7.2018	8.7,2018	5
	LIFE SCIENCE APPROACH	INFANCY-(BIRTH TO TWO YEARS),EARLY CHILDHOOD				4
		LATE CHILDHOOD,BEHAVIOROL PROBLEMS OF		11.7.2018	13.7.2018	5
		CHILDREN AND SUGGESTIVE MEASURES,PREVENTION		16.7.2018	18.7.2018	4
		FROM INFECTIOUS DISEASES				4
		SUBSTITUTE CARE AT HOME AND OUTSIDE		19.7.2018	21.8.2018	4
		SPECIAL NEEDS OF DISADVANTAGED CHILDREN		23,7.2018	27.7.2018	6
		FIRST AID		30.7.2018	3.8.2018	6
	FOOD NUTRITION,HEALTH AND FITM	FOOD, NUTRITION , HEALTH AND FITNESS		3.8.2018	10..8.2018	6
	FITNESS	FUNCTIONS OF FOOD, SELECTION OF FOOD FOR				6
		OPTIMUM NUTRITION AND HEALTH				
		VITAMINS, MINERALS		13.8.2018	17.8.2018	6
				20.08.201824	24.8.2017	4
		SELECTION AND STORAGE OF FOOD		27.8.2018	31.8.2018	6
		FOOD PRESERVATION ,MAXIMISING NUTRITIVE VALUE		1..9.2018	7.9.2018	6
		OF FOOD				
		Half Yearly Examinations				
	FAMILY AND COMMUNITY	CONCEPT OF FAMILY	second	1.10.2018	6.10.2018	6
	RESOURCES	RESOURCES		8.10.201812,	11.10.201	6

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		MANAGEMENT PROCESS		15.10.2018	13.10.2017	6
		TIME AND ENERGY MANAGEMENT		23.10.2018	17.10.2017	4
		NEED AND WAYS OF SPACE MANAGEMENT		29.10.2018	25.10.2017	6
		ELEMENTS OF ARTS AND PRINCIPLES OF DESIGN		1.11.2018	31.10.2017	6
		USE OF COLOURS, LIGHTS AND ACCESSORIES IN SPACE		5.11.2018	12.11.2018	6
	FABRIC AND APPAREL	INTRODUCTION TO FIBRE SCIENCE		13.11.2018	8.11.2017	6
		FABRIC CONSTRUCTION		26.11.2018	30.11.2018	6
		FINISHES		3.12.2018	30.11.2017	6
				23.12.2018	5.12.2017	4
		PRINTING		27.12.2018	30.12.2018	6
		RESPECT FOR GIRL CHILD		16.1.2019	20.1.2019	6
	COMMUNITY DEVELOPMENT	COMMUNICATION				
	AND EXTENSION	METHOD AND CONCEPT				
		RELATED PRACTICES		20.1.2019	31.1.2019	
		practicals				
		Theory				
		Total				

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 Periodic Test Marking Scheme: 2015-2016

Syllabii for half yearly and annual examination 2018-2018

Class :XI		Subject :HOME SCIENCE	
Sl.No.	Exam Name	Chapter/Topic	Max. Marks
		CONCEPT OF HOME SCIENCE AND	5
	HALF YEARLY	ITS SCOPE	
	EXAMINATION	HUMAN DEV.LIFE SPAN APPROACH	30
		FOOD AND NUTRITION	35
		HEALTH AND FITNESS	
		PRACTICALS	30
		THEORY MARKS	70
		TOTAL MARKS	100
		CONCEPT OF HOME SCIENCE	25
	ANNUAL EXAMS	HUMAN DEV.LIFE SPAN APPROACH	
		FOOD AND NUTRITION	30
		FAMILY AND COMMUNITY	
		RESOURCES	
		FABRIC AND APPAREL	15
		COMMUNITY DEV.AND EXTENSION	
		PRACTICAL	30
		THEORY	70
		TOTAL MARKS	100