

N.C JINDAL PUBLIC SCHOOL
First Aid Club Activities
CLASS - IX
2017-18

Name of Activities

1st Term

1. Meaning and importance of First-Aid.
2. First-Aid for persons who faints.
3. Discussions on myths and facts about AIDS.
4. Slogan writing.
5. First-Aid for nose bleeding.
6. Making of First-Aid kit.
7. Collage making of health issues.
8. First-Aid for burns.
9. Discussion on cramps.
10. Making health related cards.

2nd Term

11. Preparation of ORS solution.
12. Decoration of bulletin boards.
13. First-Aid for heat stroke.
14. Quiz on animal and insect bite.
15. Preparation of different types of bandages.
16. Group presentation in school assembly.
17. Role play on various methods of carrying an injured person.
18. Measuring of blood pressure.
19. Class discussion on snake bite.
20. First-Aid for snake bite.

Veena
10/10/17