

FIT INDIA FREEDOM RUN 2.0

Celebrating the 75th Independence Day, and the launch of Fit India Freedom Run 2.0 by Union Minister of Youth Affairs & Sports, Sh. Anurag Thakur, the Fit India Freedom Run 2.0 was organised in N.C. Jindal Public School ground by the Department of Physical & Health Education from 15th August 2021 to 29th September 2021.

Lauding the participation of NCC Cadets and students, the Principal, Dr. D.K. Pandey and other dignitaries were delighted to see their enthusiasm and courage to participate in the Fit India Freedom Run 2.0. The students and staff maintained social distance and took all necessary precautions, in view of the nation-wide Corona pandemic. All students unanimously agreed to follow the Fit India Movement in letter and spirit by observing all the guidelines of Covid-19. The students alongwith the staff ran/jogged one complete round of the ground proudly holding the school flag and many other students showed their enthusiasm through virtual participation.

The Principal, Dr. D.K. Pandey encouraged the students to galvanise all their friends and families, and the larger community to participate in the run, as it will be a befitting tribute to the spirit of Independence“AZADI KA AMRIT MAHOTSAV”. He motivated the students to ignite in them a passion for healthy habits, sports and fitness and enhance their daily routine and skills through discipline, dedication and hard work. He also urged them to utilize their time keeping themselves fit and healthy by doing regular exercises with true sense of **JAN BHAGIDARI SE JAN ANDOLAN**.

The Fit India Freedom Run 2.0 is like a celebration and festival, as it is a platform to encourage fitness and help all to get freedom from obesity, laziness, stress, anxiety, diseases and also to rejuvenate and reenergize the vision to usher in the new education world with the New Education Policy.







75 Azadi Ka Amrit Mahotsav

FIT INDIA Freedom Run 2.0

Congratulations

N.C. JINDAL PUBLIC SCHOOL

FOR SUCCESSFULLY ORGANIZING THE **FIT INDIA FREEDOM RUN 2.0**

13th Aug - 2nd Oct 2021

#Run4India

<https://fitindia.gov.in>

#AzadikaAmritMahotsav



Government of India
Ministry of Youth Affairs and Sports

This is a digitally generated certificate based on the information provided by the organiser of the event