

## World Health Day

*'The greatest gift you can give your family and the world is a healthy you...'*

Raising awareness about physical health and mental wellbeing, and various measures to combat global health challenges, the school celebrated World Health Day on 7th April, 2021 on a virtual mode. Capturing the theme of 2021 given by the World Health Organization "Building a fairer, healthier world", the students from classes VI to XII enthusiastically participated in Poster Making activity, discussions, talks and sharing awareness messages. They made beautiful posters with slogans, and videos depicting how taking healthy food, doing regular exercise, etc. will help us in maintaining good health, thereby making the world a fairer and healthier place to live in. The celebration fulfilled its objective of developing a deep understanding of the essential link between individual and collective health for a sustainable life.

