## N.C.JINDAL PUBLIC SCHOOL, PUNJABI BAGH, NEW DELHI-110026 REPORT

The Summer Sports Coaching Camp was organized by the Physical Education & Sports Department of N.C JINDAL PUBLIC SCHOOL from May 17th 2022 to May 31st 2022 at 6:00 A.M to 10:00 A.M in the School playground.

300 students (approx.) enthusiastically participated in five different Sports - Basketball, Taekwondo, Skating, Cricket and Football. The meticulously planned sports camp, an initiative of N.C. Jindal Public School Management Committee and Officiating Principal, Mrs. Bharti Pushkarna not only trained students in various sports but also significant life skills, grooming them to become stronger and more competent individuals. The active involvement of the students helped them to gain knowledge about games and learn different sports skills such as various passes, dribbling and shooting in Basketball, types of kicks and goal saving skills in Football, batting and bowling skills in Cricket, defensive and attacking skills in Taekwondo and various figures in Skating. The coaches, with their constant guidance encouraged the students to strengthen their overall fitness and proficiency in their respective sports. Their leadership and care for the well-being of the students enrolled, maintained a positive, safe, and fun environment in this summer 2022. It was an enriching and fruitful experience for the students and for Sports department as well.

The Summer Sports Coaching Camp concluded with motivating words from Officiating Principal, Mrs. Bharti Pushkarna on 31<sup>st</sup> May 2022 in the sports ground. She also interacted with parents and inspired the students by explaining the importance of sports in life. All the students promised to continue their physical activity and sports in daily routine.

Mrs. Shikha Gurung (PHE Coordinator)













