

# N.C. JINDAL PUBLIC SCHOOL, PUNJABI BAGH, NEW DELHI

## STAY SAFE FROM CORONAVIRUS INFECTION-2019-nCoV

The 2019 novel coronavirus (2019- nCoV), Wuhan coronavirus, is a contagious virus that causes respiratory infection, can transfer from human to human.



**Wash your hands before and after attending to the sick person**

**Remember to wash hands with soap frequently**



**Before cooking, after cooking and before eating food**

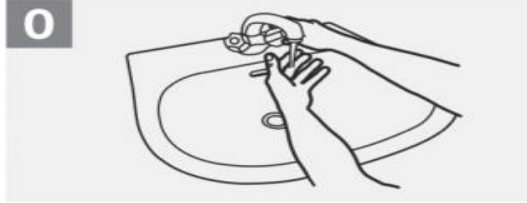


**If you have cough, fever or difficulty in breathing contact a doctor**

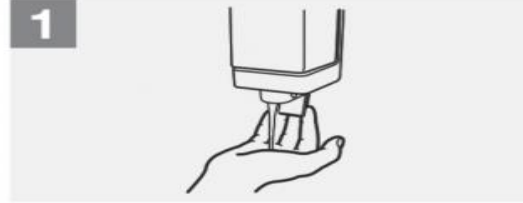
24 \* 7 Control Room has been established at DGHS [HQ], may be contacted for any query related to nCoV-2020

Ph: 011-22307145,22300012,22300036

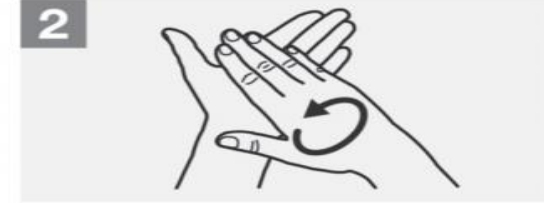
# STEPS FOR HAND WASHING



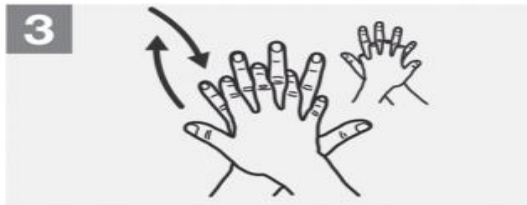
Wet hands with water;



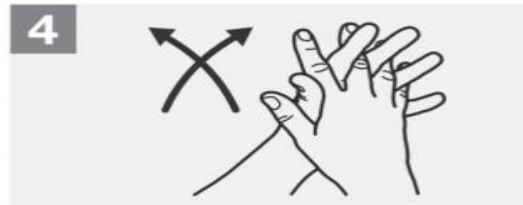
Apply enough soap to cover all hand surfaces;



Rub hands palm to palm;



Right palm over left dorsum with interlaced fingers and vice versa;



Palm to palm with fingers interlaced;



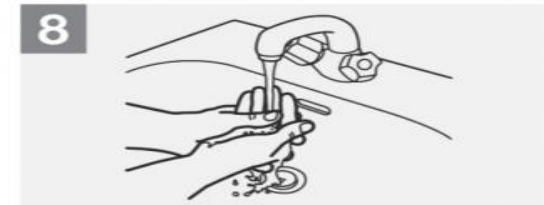
Backs of fingers to opposing palms with fingers interlocked;



Rotational rubbing of left thumb clasped in right palm and vice versa;



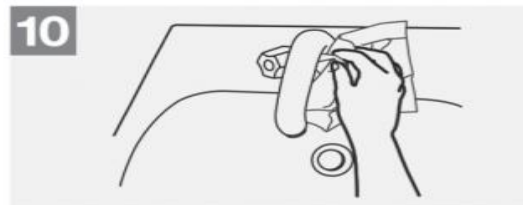
Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;



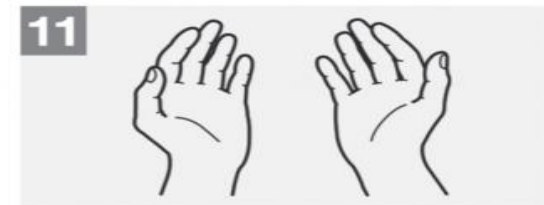
Rinse hands with water;



Dry hands thoroughly with a single use towel;



Use towel to turn off faucet;



Your hands are now safe.