





REFLECTIONS THE SCHOOL BULLETIN VOL-41 2020-2021

N.C. JINDAL PUBLIC SCHOOL PUNJABI BAGH, NEW DELHI



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From the Principal's Desk...

Dear Parents, teachers and students,

There have been significant changes in the education sector during the turbulent times of COVID-19 pandemic. Adapting ourselves to the changing scenario, we have redesigned and reconfigured our pedagogies to bridge the learning gaps as well as to mitigate the emotional impact during these unprecedented crises. We are recreating a comprehensive culture of life-long learning which is in sync with health and happiness and aligned with the students' learning trajectories to achieve the educational goals of NEP-2020. Learning now has to be experiential, integrative, progressive and application and skill based. We have to adopt flexibility as a crucial component in order to facilitate the intellectual, moral and socio-emotional growth and competency of our children to help them brave the odds with courage, determination and faith. Through multiple platforms and diverse activities – academic and co-academic, we nurture spaces for expression, communication and collaboration. We have been supporting National level initiatives viz. NEP-2020, CBSE Reading Challenge, FIT-INDIA Movement and Pariksha Pe Charcha 2021 in an earnest spirit. We constantly encourage adaptive and critical thinking, self-awareness, creativity and innovation. We gratefully acknowledge the prowess and contribution of Indian scientists and researchers in the development of COVID-19 vaccine and making India as a global leader in the service of mankind.

The Central Board of Secondary Education couldn't hold exams for Classes X & XII amidst the pandemic this year. The results will be declared based on the students' performance in exams conducted by the school. I wish them All the Best for their result.

I congratulate the Editorial Board for bringing out the current issue of the e-magazine. Yours sincerely,

and 1

(Dr. D.K. Pandey)

From the Editor's Pen...

Dear Parents, teachers and students,

During the past few months the schools have become institutions of protective guidance, empathy, risk management, meaningful and positive correlations and individualized learning. We are providing myriads of opportunities for enrichment and exploration through the ever expansive corridors of knowledge. In cognizance of the emergent shift from steps to strides, reflection to execution and knowledge to practice, we have explicitly woven adaptability, change and innovation into the essential framework of learning and experience. We have embraced transformation embedded in technological interventions and newer constructs of educational delivery. Our collection of art integrated activities brought out in 'Reflections' are a testimony to our students' dedicated and engaging pursuits in diverse areas. They have exhibited resilient attributes in the wake of consortium of challenges – social, emotional and psychological. Positive and encouraging outcomes have bolstered our spirit to accept the 'new normal' with a renewed approach to our educational endeavours.

Enjoy the reading!!

Monika Bhalla

RECOLLECTIONS.....

Celebrating Gandhi Jayanti

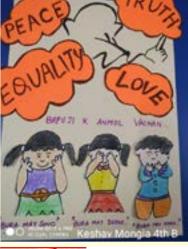
bution made by him to India's freedom struggle. ideologies of Gandhiji in students. help students understand Mahatma Gandhi's role tional video. k in achieving our independence, excerpts from

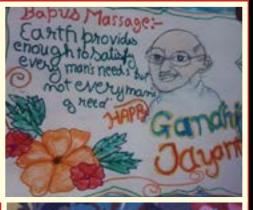
To commemorate the 150th birth anniversary of Gandhiji's life were brought alive through a video. Mahatma Gandhiji, a man who led India to its On this occasion, the students of the Primary glorious freedom, special online assemblies were. Wing paid a befitting tribute to the great leader organised on October 2, 2020 for the students by participating in various online activities like of classes VI to VIII. These assemblies were an en- Gandhian thoughts about cleanliness, Elocution deavour on the part of Jindalites to pay homage on Gandhian philosophy of Non-Violence as an to Mahatma Gandhi, who gave the world the phi- instrument of awakening, soulful renditions and losophy of Peace and Non Violence. The students Poster Making. A documentary on the life of shared anecdotes from Gandhiji's life and contri- Gandhiji was also shown to instill the values and

The students rendered devotional hymns with The interactors of the school paid homage to the exuberance and eloquently presented their in- great soul by sharing his philosophy and princisights on Gandhian philosophy. With an aim to ples with all the stakeholders through an inspira-

























Mental Health Week

The school observed Mental Health week from 4th to 10th October 2020. A plethora of activities were taken up in online mode on the theme of mental health, such as story telling by teachers and poster making and slogan writing by students. The students displayed unabated enthusiasm in the activities. Charvi of Class VIII narrated a beautiful story on theme of mental health and shared its linkage to everyday life for mental well being. The students created insightful posters and slogans on the theme of mental health. Vanshika of class X showcased exemplary artwork in a poster and Aarav Garg of class VI emerged as a creative artist in the Slogan Writing Competition. Power Point Presentations and videos on various aspects of Mental Health were showcased to teachers and parents to spread awareness and de-stigmatize mental illness or any inhibitions in seeking help for mental health and wellbeing.



World Students' Day

"There is no greater power in heaven or on earth than the commitment to a dream."

Dr. APJ Abdul Kalam

World Students' Day was celebrated on 15 October 2020 to commemorate the Birth Anniversary of India's eleventh President and renowned scientist, Dr APJ Abdul Kalam. On this occasion, various activities were conducted like role play, power point presentations and diverse art work. Motivating students to imbibe the virtues of diligence and dedication, a Teacher's talk was also delivered by the ECP Incharge, Mrs. Sangeeta Chugh who emphasized on emulating Dr. Kalam's virtuous life.

World Food Day

'Food is the essence of life and the bedrock of our cultures and communities..'

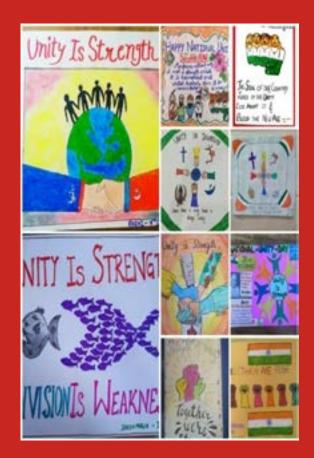
Highlighting the significance of food for building strength and immunity, a virtual celebration was organized on World Food Day i. e. 16 October, based on the theme to grow, nourish and sustain. Together. A virtual tribute was paid to the farmers, the producers and manufacturers of food to mark the day. The objective was to lend a boost to the spirit of togetherness to produce food full of nutrition, to nourish each individual and sustain the planet earth with collective efforts.



National Unity Day

In commemoration of 145th Birth Anniversary of a great leader, Sardar Vallabhbhai Patel, National Unity Day was celebrated by the students of the Primary and Senior Wing on 31 October 2020 on a virtual mode. The students learnt about the remarkable achievements and contributions made by Sardar Vallabhbhai Patel and made a commitment to serve their country selflessly and work persistently towards its development by taking up the National Unity Pledge. They displayed their ideas and imagination in the form of creative posters. The talks and discussions encapsulated the spirit of unity that runs through the gamut of our country.

Rota Kids celebrated National Unity Day in all verve and vibrancy. The enthusiastic members of Rota Kids from classes IV and V participated in the activities like poster making and slogan writing. Jhanak of class V D recited a very motivational and inspiring poem on "Rashtriya Ekta Diwas" and Akshita Agicha of class V C spoke on the significance of National Unity Day.



Constitution Day

The Constitution Day was celebrated by the students of the Primary wing on 26th November, 2020. This day is celebrated annually in India on 26th November. The day commemorates the adoption of the constitution in India. The teachers talked about the importance of the day in the online sessions and also elaborated on the meaning of the constitution. The Live telecast of Hon'ble Prime Minister, Mr. Narendra Modi's reading of the Preamble was shown to the children. The students also read the Preamble, reiterating the values and principles enshrined in the constitution.

Safety and Self DefenseTraining

you are worth defending."

precautions on the road, public places and also used to deal with any unwanted situations. while using internet. The resource person expounded the skills of self-defense, as part of the Right to Safety. Apprising the students about the

"Self-defense is not just a set of technique; it's a importance of Self Defense, she asserted that state of mind and it begins with the belief that one needs to understand one's hidden physical strength and learn to Respond in the public An online workshop on Safety and Self-defense against any wrong practice. She motivated the was held in collaboration with Delhi Police West students to speak up about crime or abusive District, on October 27, 2020 for the girl stu- practice loudly. She imparted the tips and tricks dents of classes IX to XII. The resource person to be always combat ready in case of contingenwas Ms. Geeta Yadav, a trainer from Delhi Police. cy. The resource person showed some moves Orientation cum discussion was held on safety and manoeuvres to the students which can be

Fit India Movement



Fit India Movement is nationwide campaign that aims to encourage people to include physical activities and sports in their everyday life.

The Fit India Freedom Run was organised in the school ground by the Department of Physical & Health Education on 9th September, 2020. The Principal, Dr. D.K. Pandey and other dignitaries were delighted to see students' enthusiasm and courage to participate in the Fit India Freedom Run. All students unanimously agreed to follow the Fit India Move-

ment in letter and spirit by observing all the guidelines of Covid-19. The students along with the staff jogged one complete round of the ground proudly holding the school flag. The Principal encouraged the students to galvanise all their friends and families, and the larger community to participate in the run, as it will be a fitting tribute to the spirit of Independence. He motivated the students to ignite in them a passion for sports & fitness and enhance their skills through discipline, dedication and hard work.

The Fit India Freedom Run was like a celebration and festival, as it is a platform to encourage fitness and help all to get freedom from obesity, laziness, stress, anxiety, diseases and also to rejuvenate the vision to usher in the new education world with the new education policy.

Fitness Ka Dose Aadha Ghanta Roz

The Fit India School week Fitness ka dose Aadha Ghanta Roz was organised in the 3rd and 4th week of December 2020. This movement endeavoured to alter the behaviour from 'Passive Screen time' to 'Active Field time' and the aim of the campaign was to develop Sports Quotient among all the students to achieve a healthy lifestyle. The movement instilled the understanding for regular physical activity and higher levels of fitness enhancing their cardiovascular fitness, strength, Basic Endurance, flexibility, Coordinative abilities in them with self-esteem and confidence in the students.

DAY 1 Aerobic exercises- The students participated in live aerobic session and learned about various muscle groups and joints. They were also motivated to learn about new exercises which were comprehensive in nature and involved major muscle groups and joints.



DAY 2 Yoga for all –

The students of various classes participated in Yoga session with great enthusiasm and learned about various postures and asanas for correcting body ailments and reconditioning it. The students also learnt about the history of Yoga and its connection to Indian culture. Benefits of Yoga asanas were discussed with students as a community welfare message also.

DAY 3 Squata Challenge – The Students whole-heartedly learned and performed squat exercises, its technique and benefits.

DAY 4 Jumping Jack Challenge – The students learned about a dynamic exercise called Jumping Jacks and performed various sets across. In addition to the live session of the class, students also submitted recorded videos of the exercises.

DAY 5 Plank Hold challenge –The students learned about basics of plank-hold position. They were thrilled to know its benefits as it is an isometric version of exercise and involves minimal space. They also learnt about facts and various positions of plank-hold, its types and how to extend hold duration.

The school proudly received a Certificate of Recognition for successfully organizing the FIT INDIA SCHOOL WEEK 2020.



NATIONAL SPORTS DAY

Commemorating the 115th Birth Anniversary of legendary hockey wizard, Major Dhyan Chand Singh, the National Sports Day was celebrated on a virtual platform on 29th August, 2020. The achievements of Major Dhyan Chand Singh were highlighted through various talks, and the students were encouraged to emulate his sporting spirit. Mehul Paliwal (XII A) and Shrestha Bisht (XII C) apprised the students about the journey traversed by Major Dhyan Chand Singh and various National and International Sports Awards fetched by this iconic figure in the sports arena and also explained the significance of sports and physical activities in our life.

Around 100 students participated in online National Sports Day Celebration.

In a live session of various physical activities like warming-up and musical aerobics exercises, the students displayed great zeal and enthusiasm to follow and integrate the physical manoeuvres.

The students of the Primary and Senior Wing participated enthusiastically in Best Exercise video and motivated everyone to elevate their quotient of health and well being. The Principal, Dr. D.K. Pandey, encouraged the students to ignite in them a passion for sports and enhance their sporting skills through discipline, dedication and hard work. He also urged them to utilize their time during the pandemic and keep themselves fit and healthy by doing regular home exercises.





Inspiring Leadership & Responsive Commitment

Reposing faith and confidence in its dedicated students, the school bestowed the mantle of accountability upon the School Council for the session 2020-21 on a virtual mode. The nominees of different houses underwent the rigorous practice of interviews held online in the months of October- November. The selections were made on the basis of criteria involving curricular and extracurricular achievements of the students, confidence, courage and communicative abilities displayed in interviews . The Principal, Dr D. K. Pandey, the Vice- Principal, Mr. J. K. Sharma, the coordinators of respective learning areas and the house wardens felt elated at the unflinching zeal and zest showcased by students despite the unprecedented critical times.

Maths Day

Mathematics is the most beautiful and most powerful creation of the human spirit.

— Stefan Banach

To commemorate the Birth Anniversary of the Indian Mathematical genius, Srinivasa Ramanujan, National Mathematics Day was celebrated in the school on 22nd December, 2020 on a virtual platform. The students participated in an Online Quiz conducted under the aegis of Counting Well, with great zeal and passion. The students engaged themselves in diverse activities during online sessions. They displayed their creative talents and artistic skills by making beautiful and colourful shapes using TANGRAM. Power point presentations and discussions were held in online classes, focusing on the legendary Mathematician's life, struggle and achievements. Questions based on reasoning, quizzes and number games brought out the essence of the day. Mathematics Dps were used by the students in online classes. Maths Day celebrations successfully revived a Mathematical spirit among students and lent a boost to their interest and ingenuity in Maths.



Motivational Speaker Series

A Live Streaming of the address of Hon'ble Dy. Chief Minister, GNCT of Delhi on Launching of Motivational Speaker Series was held on 24 December 2020 from 2.00 pm onwards. A message was sent to the parents, students and teachers for viewing the same by accessing the website of the Directorate of Education- www.edudel.nic.in which carried various server links for the live streaming of the programme. In his address, Hon'ble Chief Minister said that preparation for civil services requires dogged determination, persistence in the wake of challenges and grit to reach one's goal. He urged the students to kindle a desire to work for the growth and progress of their nation. He encouraged the students to keep their quotient of motivation high by watching the inspirational videos.

The Healing Touch Of Tulsi

Tulsi, Tulasi or Vrinda (Holy Basil) is a sacred plant in Hindu belief. Hindus regard it as an earthly manifestation of the goddess Tulsi and it is well known for its myriad medicinal properties — antibacterial, antifungal, antipyretic, antioxidant.

To sensitize the students on the benefits of herbal Tulsi plant, various activities viz. Calligraphy Writing, Collage Making and Poster Making were conducted for the students of classes VI to VIII. The students captured the benefits and significance of Tulsi Plant and its role in saving our environment in myriad hues and colours, creating an expressive 'Art Mart'.



Instilling Positivity, Peace and Harmony

Gita Jayanti marks the birth of the sacred book of the Hindus. The holy book is a compilation of the dialogues between Arjun and Shri Krishna on the battlefield of Kurukshetra. The Gita contains 700 verses and is a part of the great Indian Epic Mahabharata. To commemorate the day, Geeta Shloka Recitation Competition was organised for classes VI to VIII. Based on the theme 'Holy Book Bhagwad Geeta and its preachings', a Painting Competition was held for the students of class VI. The activities helped students imbibe the significance of the most pious and influential scriptures of Hindu mythology.

Birth Anniversary Celebration Of Swami Vivekananda

The school celebrated the birth anniversary of Swami Vivekananda who was a spiritual genius and a repertoire of intellect. The main objective of the online celebration was to propagate the philosophy and ideals of Swami Vivekananda and also to promote rational thinking among the youth of the country. To commemorate this event, the students from classes VI to VIII participated in a four - day long celebration from 11th January 2021 to 14th January 2021. The students composed poems, wrote essays and made posters on the life and the teachings of Swami Vivekananda. The celebration was intended to instill a positive attitude and develop creative and innovative potential of the Young minds.



Martyrdom Day

Martyrdom Day (Shahidi divas) of the sons of Guru Gobind Singh ji, the tenth Guru of Sikhs is observed in remembrance of their sacrifices .A digital tribute was paid by the students and teachers through various activities and competitions. The students of classes VI to IX involved themselves in Quotes Writing and Poster Making. They learnt about the eternal values of honour and sacrifice.



Holocaust Remembrance Day

Embassy of Israel, Embassy of Germany and Alli- Office In Charge, UN Information Centre for India ance Française de Delhi and other diplomatic mis- and Bhutan. Mrs. Illona Domanska, Second Secresions in India partnered for the annual commemo- tary Political Affairs, New Delhi, showed two videos ration of the Holocaust on 29th January, 2021. The and shared the excerpts from the diary of Anne students of class VIII participated enthusiastically Frank. The students got information and knowlin the virtual Holocaust Remembrance ceremony edge about the World War-II and its influence on on the zoom platform. The theme of the ceremony the world. They were also sensitised about the curwas Facing the Aftermath: Recovery and Recon- rent scenario in the world. stitution after the Holocaust. The meeting started with the singing of National song of Israel and in-

The United Nations in India, UNESCO, India, the troductory speech made by Mr. Rajeev Chandran,

Parakram Divas Celebration

Parakram Divas or the day of valour is a national event celebrated on 23rd January in India to mark the Birth Anniversary of a prominent Indian freedom fighter, Netaji Subhash Chandra Bose. To commemorate the occasion, the students enthusiastically showcased their love and affection for their National Hero, Netaji through the virtual mode in the form of speeches, poems, posters, slogans, paintings etc. Through their inspiring presentations, the students expressed their love for the nation. The young minds were infused with patriotic fervour and zeal .The celebration helped students take an insight into the contributions of Netaji Subhash Chandra Bose and his indelible mark in India's freedom struggle.



Republic Day

The school witnessed the celebration of the 72nd Republic Day on 25th January, 2021 following the SOP prescribed by the government for protection against Covid-19. The celebration in the school started with the hoisting of the National Flag by the Principal, Dr. D. K. Pandey. In his speech, the Principal

highlighted the importance of the Constitution and its unique features such as 'Sovereign, Socialist, Secular, Democratic and Republic' enshrined in the constitution of India. He asserted that if the constitution of India gives us rights then it becomes imperative for us to fulfill our duties as responsible citizens. This was followed by an inspiring speech made by the Head Boy, Mehul Paliwal (XII-A) and Head Girl, Divjot Kaur (XII-F). They highlighted the relevance of the Republic Day in the present context and

insisted that the nation will progress only if we uphold the tenets laid in the constitution of India. They also paid a tribute to the martyrs who sacrificed their lives for the country. A melodious presentation by the music department echoed in the school compound and elevated the patriotic fervour.

The vibrant Jindalites involved themselves in online celebration through messages and videos which kindled a spirit of togetherness in them.

The celebration concluded with the National Anthem and a promise to abide by the constitution of India forever and always.



Pariksha Pe Charcha

As per the CBSE guidelines sent vide Circular No. 17/2021 of CBSE/DIR/ACAD/2021 dated 18.02.2021, an online Creative Writing Competition under 'Pariksha Pe Charcha' programme was organized commencing from 18 February 2021 till 14th March 2021. The students of classes IX to XII, parents and teachers showcased overwhelming response to the competition. The students explored the diversity of topics viz. Exams like Festivals, Celebrate them; India is Incredible, Travel & Explore; As Our Journey Ends, Another Begins; Aspire, Not to be, but to Do and Be Grateful. The students unleashed their creative potentials to seek an opportunity to interact with our Hon'ble Prime Minister, Sh. Narendra Modi in the programme 'Pariksha Pe Charcha'. The teachers and parents also participated with passion and enthusiasm.



The teachers expressed their views on the topic-Online Education System - Its benefits and how it can be improved further, while the parents undertook the concerns related to their children with the topics – Your Words Make Your Child's World – Encourage, As You Have Always Done; and Be your Child's Friend – Keep Depression Away. The school Principal, Dr. D.K. Pandey carried forward the initiative with a proactive approach and stimulated the stakeholders to participate in the programme with a spirited zeal.

CAPTURING THE ESSENCE OF NEP

Hon'ble Minister of Education, India, Dr. Ramesh Pokhriyal 'Nishank', gave a clarion call to all the educators, students and parents alike to participate in My NEP Competition organized by Akhil Bhartiya Shiksha Sanstha. The competition included various modes of expression viz. Letterto the Hon'ble PM, An Essay, A Speech, Painting, Meme Making, Quiz etc. It was about gathering ideas and insights on the recently released National Education Policy. Displaying zest and exuberance, the Jindalites participated enthusiastically in the competition. Creative ideas encapsulated in an Essay by Kesar Goswami (XI-B), in a Letter by Divjyot Kaur (XII F) and in the form of a Speech by Lavam Gulati (XI D) were registered as the best entries from the school.

WOMEN'S DAY CELEBRATION

"Every home, every heart and every feeling is nurtured by women." To celebrate Women's Day, an online event was conducted on 8th March 2021. The students of Pre School and Pre Primary expressed their love and gratitude to their mothers, sisters and other inspiring women in their lives by drawing pictures of them. The students of Class I wrote beautiful slogans to express their love and respect for women and celebrated this day with great enthusiasm.

YOGA (2020-2021)

Online Asian Yoga Championship, affiliated to the World Ayurveda Research and Development Council was organized by Five Star Welfare and Sports Club in the month of September 2020. Our Yoga students participated enthusiastically and brought glory to the institution by making stupendous achievements.

S.No.	Names	Class & Sec	Category	Achievements
1.	Ronik	V B	Under 12 to 17years	1 Position
2.	Jiya	V B	Under 12 to 17 years	l Position
3.	Madhav	V B	Under 12 to 17 years	l Position
4.	Yashika	VIII E	Under 12 to 17 years	l Position











In an inter school competition 'The Cynosure' held at G.D.Goenka, Paschim Vihar on 12 December 2020, Drishti (VIII C) showcased her yoga feats and bagged the Third position.

A CAMPAIGN AGAINST POLLUTION 'RED LIGHT ON, GADDI OFF'

To mitigate the levels of pollution in Delhi, a campaign 'Red light on, Gaddi off' was launched by The Hon'ble Chief Minister of Delhi, Mr. Arvind Kejriwal, in the month of November, 2020. The school extended its solidarity to the cause by sensitizing everyone about the vulnerability of health to the harmful effects of pollution and individual responsibility to bring it under control.

To generate awareness among all the stakeholders, the class teachers disseminated information about the campaign in Whatsapp groups of their respective classes. The students were encouraged to sensitize their parents, relatives and neighbours to participate in the campaign and follow it while driving their automobiles. The campaign lent an insight into the problem of pollution and its control through simple measures adopted by each individual.

OUR SCHOLARS FOR THE ACADEMIC SESSION 2019-20

S.NO	Adm No	Name	Class	Sec	Father's Name	House	Timer
			I	TIME	IR .	•	
1	17310	ANANT JAIN	III	Α	MR. PARVEEN JAIN	TAGORE	I
2	17188	PRERNA CHAWLA	III	Α	MR. DEEPAK CHAWLA	PATEL	I
3	17272	ALISHA KHAN	III	Α	MR. SOHAIL KHAN	JAWAHAR	I
4	17335	DHRUV RAJ MADAAN	III	Α	MR. SUMIT MADAAN	JAWAHAR	I
5	18296	ASHWIN CHAUHAN	III	Α	MR. PRAMOD KUMAR	JAWAHAR	I
6	17232	EKLAVYA GARG	III	Α	MR. SANDEEP GARG	TAGORE	I
7	17262	MAADHAV VATS	III	Α	MR. SHIVENDER VATS	TAGORE	I
8	17209	AARAV GARG	III	В	MR. SANJEEV GARG	GANDHI	I
9	17247	ARNAV GUPTA	III	В	MR. SANJEEV GUPTA	PATEL	I
10	17340	AMRITA VASHISHTHA	III	В	MR. YOGENDER SHARMA	JAWAHAR	I
11	17467	EKANSH GOEL	III	В	MR. GAURAV GOEL	JAWAHAR	I
12	17198	AARNA DUBEY	III	В	MR. SAURABH DUBEY	SHASTRI	I
13	17446	ISHAA CHOPRA	III	В	MR. DEEPAK CHOPRA	SUBHASH	I
14	17181	DHANSH MEHRA	III	В	MR. CHANDAN MEHRA	GANDHI	I
15	17321	DIVYANSHI SETHI	III	В	MR. HEMANT SETHI	SUBHASH	I
16	17242	ANANYA VIJ	III	В	MR. KARAN BHUSHAN VIJ	GANDHI	I
17	17265	KARTIK RAWAT	III	В	MR. JEEWAN SINGH	TAGORE	I
18	17218	CHAHAT YADAV	III	В	MR. VIJAY BAHADUR Yadav	PATEL	I
19	17235	MANIKA ARORA	III	С	MR. SUNIL	TAGORE	I
20	18512	AYAAN JINDAL	III	С	MR. RAM GOPAL	PATEL	I
21	17249	MOKSH JAIN	III	С	MR. DHEERAJ JAIN	JAWAHAR	I
22	17197	JAYANT CHAWDA	III	С	MR. BHARAT KUMAR CHAWDA	SUBHASH	I
23	17199	MANYA BAJAJ	III	С	MR. MANOJ BAJAJ	SHASTRI	I
24	17293	DARSH SINGHAL	III	С	MR. RAJNISH SINGHAL	SHASTRI	I

S.NO	Adm No	Name	Class	Sec	Father's Name	House	Timer
25	17222	ADITI KUMAR	III	С	MR. NIRAJ KUMAR	PATEL	I
26	17268	SOMIL	III	С	MR. MUKESH	TAGORE	I
27	17651	ATHARV BANSAL	III	С	MR. SARISH BANSAL	PATEL	I
28	17257	VANSH KUMAR	III	С	MR DEVANDER KUMAR	PATEL	I
29	17223	ANVESHA KUMAR	III	D	MR. SUNIL KUMAR	PATEL	I
30	17230	HARSH GULATI	III	D	MR. VIKAS GULATI	SUBHASH	I
31	17352	DHRUV GUPTA	III	D	MR. NAVEEN GUPTA	JAWAHAR	I
32	17202	PRATHAM GOOMER	III	D	MR DEEPAK GOOMER	TAGORE	I
33	18514	SANVI KANSAL	III	D	MR. ROSHAN LAL	TAGORE	I
34	17346	NIVAAN SINGH	III	D	MR. YASHPAL DAHIYA	GANDHI	I
35	17263	BHRITHI CHHABRA	III	Е	MR. RAJEEV CHHABRA	TAGORE	I
36	17353	KAPISH GUPTA	III	Е	MR. AMIT GUPTA	SHASTRI	I
37	17319	HARSH KANSAL	III	Е	MR. MOHAN LAL KAN- SAL	GANDHI	I
38	17453	JASMEH KAUR	III	Е	MR. SURMEET SINGH KWATRA	PATEL	I
39	17371	AARAV KAPOOR	III	Е	MR. NEERAJ KAPOOR	PATEL	I
40	17415	KIAAN MALIK	III	Е	MR. JAIDEEP MALIK	JAWAHAR	I
41	17036	VRINDA BANSAL	IV	A	MR. MUKESH BANSAL	PATEL	I
42	16930	GURANSH DUA	IV	A	MR. GAGAN KUMAR DUA	GANDHI	I
43	17405	NAISHA	IV	В	MR. CHETAN JHA	TAGORE	I
44	17162	SRISHTI AGGARWAL	IV	В	MR. ARVIND KUMAR SINGHAL	GANDHI	I
45	17130	SHUBH CHOROTIYA	IV	В	MR. PANKAJ KUMAR	TAGORE	I
46	17713	LUVYA GARG	IV	В	MR. RAVI GARG	SHASTRI	I
47	18282	TURANYA SADANA	IV	В	MR. YOGESH SADANA	GANDHI	I
48	17158	AAYUSH SAWHNEY	IV	В	MR. RAJAT SAWHNEY	JAWAHAR	I
49	17976	SHRISHTI SAINI	IV	С	MR. VISHAL SAINI	SHASTRI	I
50	17703	NAVYA GARG	IV	С	MR. TARUN GARG	SUBHASH	I

S.NO	Adm No	Name	Class	Sec	Father's Name	House	Timer
51	16980	JHANAK BHALLA	IV	D	MR. R.P.BHALLA	SUBHASH	I
52	17010	RASHI	IV	D	MR. HEMANT KUMAR	TAGORE	I
53	16988	NAVYA AGGARWAL	IV	D	MR. PARMOD AGGAR- WAL	SUBHASH	I
54	17000	PRANJALIE MISHRA	IV	D	MR. PRABHAKAR MISHRA	SHASTRI	I
55	16951	SHAMBHAVI KAUSTUBH KAR- MARKAR	IV	D	MR. KAUSTUBH NAR- SINH KARMARKAR	SUBHASH	I
56	18300	AYAAN RASHEED	IV	Е	MR. ABDUL RASHID	JAWAHAR	I
57	18556	ARNAV NIKKUM	IV	Е	MR. KAMAL KUMAR	SUBHASH	I
58	17014	UJJWAL GUPTA	IV	Е	MR. DEEPAK GUPTA	SUBHASH	I
59	17051	AARNA CHAWLA	IV	Е	MR. YATENDER CHAW- LA	GANDHI	I
60	16981	AASTHA BINDAL	IV	Е	MR. GAUTAM KUMAR BINDAL	JAWAHAR	I
61	17021	UTKARSH	IV	Е	MR. MANOJ KUMAR	SHASTRI	I
62	17466	VAANYA GOEL	V	A	MR. GAURAV GOEL	SHASTRI	I
63	16743	PRATHAM	V	A	MR. AJAY ARORA	JAWAHAR	I
64	16668	NISHTHA KADYAN	V	A	MR. SACHIN DEV KADYAN	GANDHI	I
65	16719	SAMANYU MITTAL	V	A	MR. NITIN MITTAL	GANDHI	I
66	16644	RAMAN SHARMA	V	A	MR. PARVEEN KUMAR SHARMA	SHASTRI	I
67	16672	RAKHI	V	В	MR. RAJ KUMAR	SHASTRI	I
68	16826	HARDIK CHAWLA	V	D	MR. DEEPAK CHAWLA	SHASTRI	I
69	17956	HARDIK SHARMA	V	D	MR. SUNIL SHARMA	SUBHASH	I
70	16742	RUDRANSH AGGAR- WAL	V	Е	MR. PRADEEP KUMAR GUPTA	TAGORE	I
71	16849	LAKSHAY JINDAL	V	Е	MR. AMIT JINDAL	SHASTRI	I
72	16473	SHELZA KAUSHIK	VI	A	MR. MUKTESH KAU- SHIK	GANDHI	I
73	16546	MANNAT JOSHI	VI	A	MR. SANJAY K. JOSHI	JAWAHAR	I
74	16622	DHRUVIKA KHOSLA	VI	В	MR. RAJAN KHOSLA	JAWAHAR	I

S.NO	Adm No	Name	Class	Sec	Father's Name	House	Timer
75	16366	AJOONI KAUR MINHAS	VI	В	MR INDER PAL SINGH	GANDHI	I
76	16471	RADHIKA WADHWA	VI	С	MR. ATUL WADHWA	TAGORE	I
77	17108	KAVYA PALIWAL	VI	D	MR. NAVEEN PALIWAL	GANDHI	I
78	16400	KRISHNA KUMAR	VI	Е	MR. PARDEEP KUMAR	TAGORE	I
79	16492	HARSHITA KHOLIYA	VI	Е	MR. ISHWER SINGH KHOLIYA	JAWAHAR	Ι
80	16635	KAPIS AGARWAL	VI	Е	MR. SANDEEP AGARW- AL	SHASTRI	I
81	16319	JAYESH AGARWAL	VII	Е	MR. SANDEEP AGRAW- AL	SHASTRI	I
82	16262	VINAY SANTOSH	VII	В	MR. DAYAL SANTOSH	JAWAHAR	I
83	16072	MISTHI VIG	VII	D	MR. RAJESH VIG	SUBHASH	I
84	16165	MISHIKA GARG	VII	D	MR. RUPINDER SINGH GARG	PATEL	Ι
85	16224	YUGAV BEDI	VII	D	MR. LALIT BEDI	SHASTRI	I
86	16138	SIDDHARTH GARG	VII	D	MR. PRAMOD GARG	SHASTRI	I
87	16275	SHUBH SARNA	VII	F	MR. SANJEEV SARNA	GANDHI	I
88	15863	PRATHAM GUPTA	VIII	A	MR. SUDHIR GUPTA	JAWAHAR	Ι
89	15902	HIYA LUTHRA	VIII	A	MR HIMANSHU LUTH- RA	PATEL	I
90	15894	ARNAV GARG	VIII	В	MR SOURABH GARG	SHASTRI	I
91	15739	DIYA KADYAN	VIII	В	MR. SACHIN DEV KADYAN	GANDHI	I
92	15783	VAIBHAV GOYAL	VIII	Е	MR. ARUN GOYAL	JAWAHAR	I
93	15906	HITANSHI BEDI	VIII	Е	MR. AMIT BEDI	SHASTRI	Ι
94	15574	HARI HAR BAJAJ	IX	D	MR MANOJ BAJAJ	PATEL	I
95	15441	HARSHITA KHANIJO	IX	D	MR. VIJAY KUMAR	JAWAHAR	I
96	15966	SHUBHAM BANSAL	IX	Е	MR. MANISH BANSAL	JAWAHAR	I
97	15121	MIHIKA GOEL	X	A	MR. SUDHIR GOEL	TAGORE	I
98	15263	PRIYANKA DABAS	X	В	MR. SURESH KUMAR	SUBHASH	I
99	15267	SHREYA ARORA	X	В	MR VINOD ARORA	GANDHI	I

S.NO	Adm No	Name	Class	Sec	Father's Name	House	Timer
	·		<u> </u>			<u> </u>	
100	15293	SUVANSH RITESH MALIK	X	В	MR. RITESH MALIK	SHASTRI	I
101	15967	DIKSHA	X	С	MR LATE RISHI KUMAR	SHASTRI	I
102	15108	MAANSI JAIN	X	D	MR. VARUN JAIN	JAWAHAR	I
103	15107	KUNJ GOYAL	X	Е	MR. SANJAY GOYAL	TAGORE	I
104	15128	SAMRIDDH DIWAN	X	Е	MR DEEPAK DIWAN	JAWAHAR	I
105	8946	ARYAN TANWAR	XII	A	MR. RAVINDER SINGH TANWAR	TAGORE	Ι
106	8868	DHRUV KALRA	XII	A	MR. MANISH KALRA	PATEL	I
107	8906	JANVI TYAGI	XII	A	MR. RAJEEV TYAGI	SHASTRI	I
108	8762	KANU PRIYA GOYAL	XII	A	MR. GHAN SHYAM GOYAL	PATEL	Ι
109	8867	MANSHA	XII	A	MR. MANISH KHAM- BEY	GANDHI	Ι
110	8759	ROUNAK ANAND	XII	A	MR. TARUN ANAND	SUBHASH	I
111	8863	SHUBHAM GARG	XII	A	MR. RAJESH GARG	GANDHI	I
112	8758	ABHISHEK	XII	В	MR. SANJAY KUMAR SAXENA	TAGORE	I
113	8713	DIVYANGI JAIN	XII	В	MR. VARUN JAIN	SHASTRI	I
114	8861	HIMANSHI	XII	В	MR. RAJESH KUMAR	SHASTRI	I
115	8761	HIYA GULATI	XII	В	MR. MANDEEP GULATI	SHASTRI	I
116	8720	JIGYASA GEMINI	XII	В	MR. RAJEEV GEMINI	TAGORE	I
117	8725	LAKSH DUA	XII	В	MR. NEERAJ DUA	TAGORE	I
118	8757	MEGHNA SHARMA	XII	В	MR. VIVEK KUMAR SHARMA	SUBHASH	I
119	8934	MEHAK DHAMIJA	XII	В	MR. NAVEEN KUMAR DHAMIJA	SHASTRI	I
120	8820	NIKITA RANA	XII	В	MR. ANIL RANA	SHASTRI	I
121	8722	PRAKRITI	XII	В	MR. C S PRASAD	GANDHI	I
122	8726	RACHIT WADHWA	XII	В	MR. MUNEESH KR WADHWA	SHASTRI	Ι
123	8709	RUPIN VIJAN	XII	В	MR. RAJEEV VIJAN	PATEL	Ι

S.NO	Adm No	Name	Class	Sec	Father's Name	House	Timer
124	8710	SHARAT	XII	В	MR. P SHASHIDHARAN NAIR	PATEL	I
125	8821	SOHAIL ARORA	XII	В	MR. JITENDER KUMAR	TAGORE	I
126	8857	ARSHIKA GOEL	XII	С	MR. SUDHIR KUMAR GOEL	GANDHI	I
127	8718	ATISHYA DHANKAR	XII	С	MR. ATUL KUMAR DHANKAR	TAGORE	I
128	8764	IISHA GARG	XII	С	MR. SHYAM LAL GARG	GANDHI	I
129	8714	YASHIKA MAKHIJA	XII	С	MR. RAKESH MAKHIJA	TAGORE	I
130	8838	KESHAV DHAWAN	XII	D	MR. DAVINDER DHA- WAN	PATEL	I
131	8790	MANYA AGGARWAL	XII	D	MR. SANJAY AGGARW- AL	SUBHASH	I
132	8774	MEGHNA BHATIA	XII	D	MR. RITESH BHATIA	TAGORE	I
133	8803	PREYSHA AGARWAL	XII	D	MR. VIKAS AGARWAL	SHASTRI	I
134	8801	SIDAK BHATIA	XII	D	MR. SARANJEET S BHA- TIA	JAWAHAR	I
135	8705	TANISHA JAIN	XII	D	MR. SAKET JAIN	TAGORE	I
136	8795	VANSHIKA	XII	D	MR. AMIT CHAUD- HARY	GANDHI	I
137	8899	YASHITA MADAN	XII	D	MR. AMIT MADAN	PATEL	I
138	8839	ARUSHI KHURANA	XII	Е	MR. PANKAJ KHURANA	JAWAHAR	I
139	8788	DEEPANSHI SIN- GHAL	XII	Е	MR. NARESH SINGHAL	GANDHI	I
140	8783	DEV VERMA	XII	Е	MR. HARI OM VERMA	SUBHASH	I
141	8806	DHRITI JAIN	XII	Е	MR. DEEPAK JAIN	SUBHASH	I
142	8797	DHRUV MADAN	XII	Е	MR. MANUJ MADAN	SUBHASH	I
143	8778	KARTIK GUPTA	XII	Е	MR. SUNIL GUPTA	PATEL	I
144	8846	KHUSH TALWAR	XII	Е	MR. SANJAY TALWAR	SUBHASH	I
145	8745	SONIKA CHHATWAL	XII	Е	MR. CHANDER PAL CH- HATWAL	TAGORE	I
146	8779	TAVISH SAINI	XII	Е	MR. MANISH KUMAR SAINI	PATEL	I
147	8738	TOYESH BHARDWAJ	XII	Е	MR. SANJEEV BHARD- WAJ	GANDHI	I
148	8772	AKSHITA GARG	XII	F	MR. PARVEEN GARG	GANDHI	I

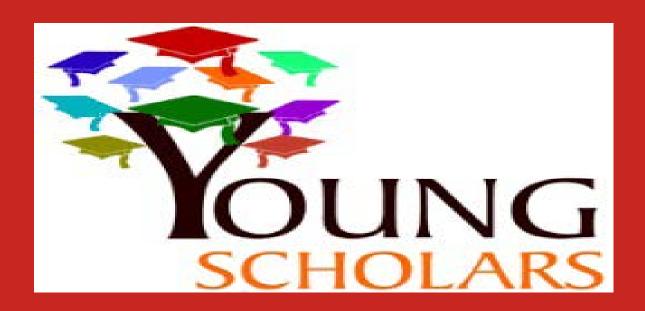
S.NO	Adm No	Name	Class	Sec	Father's Name	House	Timer
149	8736	GAUTAM YADAV	XII	F	MR. BHIM SINGH	JAWAHAR	I
150	8744	HARSHITA KHAN- DELWAL	XII	F	MR. SAURABH KHAN- DELWAL	PATEL	I
151	8750	KASHISH AGGARW- AL	XII	F	MR. DHIRAJ AGGARW- AL	PATEL	I
152	8865	SAKSHAM BHUTANI	XII	F	MR. YOGESH BHUTANI	JAWAHAR	I
153	8805	TUSHAR GERA	XII	F	MR. SANJAY GERA	JAWAHAR	I
154	8755	MADHAV LUTHRA	XII	F	MR. RAJESH LUTHRA	GANDHI	I
		•	II	TIMI	ER		
155	18224	DIVYANSHI	IV	A	MR. PRASHANT CHOW- DHRY	GANDHI	II
156	16975	MANVI GIROTRA	IV	В	MR. ANIL GIROTRA	SHASTRI	II
157	16999	TANISH PAL	IV	В	MR. LOVELY PAL	TAGORE	II
158	16962	DIYA JEENA	IV	В	MR. GOPAL SINGH	GANDHI	II
159	17084	KARTIK KANOJIA	IV	В	MR. BALBIR KANOJIA	GANDHI	II
160	17147	DAKSH MALIK	IV	С	MR. RAKESH MALIK	GANDHI	II
161	17133	JIYA SHAH	IV	С	MR. JAYMISH SATISH- CHANDRA SHAH	SUBHASH	II
162	17057	AKSHITA AGICHA	IV	С	MR. MUKESH	JAWAHAR	II
163	17008	GUNJAN	IV	С	MR. HARISH	JAWAHAR	II
164	18273	RAINA	IV	Е	MR. VIJAY SINGH	SHASTRI	II
165	16782	ADITYA YADAV	V	С	MR. VIJENDER YADAV	JAWAHAR	II
166	17403	NAMAN JAIN	V	D	MR. CHARU KISHAN JAIN	TAGORE	II
167	16739	PRANAY JAIN	V	Е	MR. DHEERAJ JAIN	JAWAHAR	II
168	16475	TIANA	VI	A	MR. VIKAS GULYANI	PATEL	II
169	16528	AVNI JAIN	VI	В	MR. ARVIND JAIN	JAWAHAR	II
170	16145	BINAL GUPTA	VII	В	MR. TARUN GUPTA	SUBHASH	II
171	16237	VAISHNAVI	VII	Е	MR. NARESH KUMAR	JAWAHAR	II
172	15907	ADITI GUPTA	VIII	С	MR. DEEPAK GUPTA	TAGORE	II
173	15825	DAKSH TANDON	VIII	Е	MR. DHEERAJ TANDON	JAWAHAR	II

S.NO	Adm No	Name	Class	Sec	Father's Name	House	Timer
174	15992	KANAK GOYAL	VIII	Е	MR PRADEEP GOYAL	TAGORE	II
175	15564	SHIVI KHANDELWAL	IX	D	MR. AMIT KUMAR KHANDELWAL	TAGORE	II
176	15559	VARSHA GOEL	IX	D	MR. AJAY	SHASTRI	II
			II	I TIM	ER		
177	16702	VEER ABROL	V	A	MR. VENEET ABROL	SHASTRI	III
178	16649	AARAV GARG	V	A	MR. DEEPAK GARG	JAWAHAR	III
179	16851	HARGUN KAUR	V	A	MR. VIKRAMJEET SINGH	SUBHASH	III
180	16679	VARNIKA GUPTA	V	В	MR. LALIT GUPTA	SHASTRI	III
181	16800	AAHANA KHOSLA	V	С	MR. VIKAS KHOSLA	GANDHI	III
182	16848	SOMYA SHARMA	V	D	MR. RAJAN SHARMA	SHASTRI	III
183	16793	ASHKA JAIN	V	D	MR. ATUL JAIN	GANDHI	III
184	17983	NAMRA	V	Е	MR. MOHD WASIM	SHASTRI	III
185	16811	RIDHI GARG	V	Е	MR. SOURABH GARG	PATEL	III
186	16650	VASU AGGARWAL	V	Е	MR. SHIV KUMAR	JAWAHAR	III
187	16514	PRACHI BHASIN	VI	С	MR. HEMANT BHASIN	SHASTRI	III
188	16453	KASHVI JAIN	VI	С	MR. NITIN JAIN	TAGORE	III
189	16550	LEKISHA	VI	Е	MR. PARVEEN	SHASTRI	III
190	16330	SHIKHER MEHRA	VII	A	MR. LOVEY MEHRA	SHASTRI	III
191	16143	ANUBHUTI MOL- PARIYA	VII	A	MR. SUNIL	GANDHI	III
192	16051	KRITIKA YADAV	VII	В	MR. ANURAJ	GANDHI	III
193	16098	LAIBA NAAZ	VII	В	MR. MOHD NAZIM	JAWAHAR	III
194	16166	PALAK KHIARA	VII	В	MR. ANIL KHIARA	GANDHI	III
195	16595	LAKSHITA YADAV	VIII	A	MR. NAFE RAM YADAV	GANDHI	III
196	15924	ISHITA DABAS	VIII	Е	MR. SUNIL DABAS	SHASTRI	III
197	8969	KRITI AGARWAL	XI	A	MR. MANOJ KUMAR AGARWAL	TAGORE	III
198	8731	ABHIMANYU CHOPRA	XII	D	MR. SANJAY KUMAR CHOPRA	PATEL	III

S.NO	Adm No	Name	Class	Sec	Father's Name	House	Timer
199	16332	AARAV MODI	VII	С	MR. RAMESH MODI	PATEL	III
			Γ	V Tim	er		
200	16446	RITIKA KWATRA	VI	A	MR. VINAY KWATRA	SUBHASH	IV
201	16436	DEYAN GUPTA	VI	A	MR. SANJAY GUPTA	SHASTRI	IV
202	16494	PRIYANSHI GUPTA	VI	В	MR. SANJEEV KUMAR GUPTA	SUBHASH	IV
203	16459	ABHAY	VI	С	MR. ATUL KUMAR	TAGORE	IV
204	16361	HARSHITA BANSAL	VI	С	MR. NEERAJ BANSAL	JAWAHAR	IV
205	16467	KIRAT MANCHANDA	VI	С	MR. HARISH KUMAR MANCHANDA	GANDHI	IV
206	16462	YUVRAJ ARORA	VI	D	MR. RAJAT ARORA	JAWAHAR	IV
207	16371	NAMYA GOYAL	VI	Е	MR. DEEPAK GOYAL	SHASTRI	IV
208	16437	NIYATI BHAMBRI	VI	С	MR. RAKESH BHAMBRI	GANDHI	IV
209	16418	PRIYANSHI GUPTA	VI	Е	MR. AJAY GUPTA	TAGORE	IV
210	16257	ADITYA KUMAR	VII	В	MR. NIRAJ KUMAR	GANDHI	IV
211	16244	NEEL AHUJA	VII	С	MR. KAMAL KISHORE AHUJA	GANDHI	IV
212	16236	SAIYAM SINGLA	VII	Е	MR. DHARMENDER KUMAR	SHASTRI	IV
213	15782	SRISHTI GARG	VIII	A	MR. RAJKUMAR GARG	SUBHASH	IV
214	15919	ADITYA GOOMER	VIII	D	MR. DEEPAK GOOMER	TAGORE	IV
215	15794	YASH GUPTA	VIII	D	MR. RAHUL GUPTA	SHASTRI	IV
216	15743	SURYANSH KUNDRA	VIII	D	MR. MUKESH KUMAR KUNDRA	TAGORE	IV
217	15307	ABHISHEK GUPTA	X	A	MR. VIKAS GUPTA	JAWAHAR	IV
218	15119	KESAR GOSWAMI	X	В	MR. ANIL GOSWAMI	PATEL	IV
219	15657	MAHEK GARG	X	С	MR MANISH GARG	TAGORE	IV
220	15247	SAMRIDDHI SHAR- MA	X	С	MR LALIT KUMAR	TAGORE	IV
221	15196	LAVAM GULATI	X	D	MR. RAJEEV GULATI	SHASTRI	IV
222	15111	SAKSHAM ARORA	X	D	MR. DEEPAK ARORA	GANDHI	IV

S.NO	Adm No	Name	Class	Sec	Father's Name	House	Timer			
223	15301	JANVI LALWANI	X	Е	MR. AJAY LALWANI	TAGORE	IV			
224	8963	KARAN KHURANA	XI	F	MR. MAHESH KUMAR	JAWAHAR	IV			
225	15160	DEV GARG	X	Е	MR. VINEET GARG	SUBHASH	IV			
			1	V Time	er					
226	16572	NEEL AHUJA	VII	В	MR. NITIN AHUJA	JAWAHAR	V			
227	16209	APARNA GUPTA	VII	В	MR. SANJEEV GUPTA	PATEL	V			
228	16178	FIZA GOYAL	VII	В	MR. ASHISH GOYAL	TAGORE	V			
229	16193	ANVI SEHDEV	VII	В	MR. ASHWANI SEHDEV	GANDHI	V			
230	17437	ARPITA SHOKEEN	VII	Е	MR. VISHAL SHOKEEN	GANDHI	V			
231	15608	KANIKA MITTAL	IX	В	MR. PARMOD	SUBHASH	V			
232	15535	JANVI GIROTRA	IX	Е	MR. ANIL GIROTRA	TAGORE	V			
233	9014	JAS KIRAT SINGH	XI	F	MR. MAN MOHAN SINGH	TAGORE	V			
			V	/I Tim	er					
234	15787	SHREYANS JAIN	VIII	A	MR SAKET JAIN	GANDHI	VI			
235	15820	SHARANYA GUPTA	VIII	A	MR. MANOJ KUMAR	SHASTRI	VI			
236	15855	HITA TANWAR	VIII	A	MR ARUN TANWAR	GANDHI	VI			
237	15752	KRISH GOEL	VIII	В	MR. KAMAL KISHORE GOEL	SUBHASH	VI			
238	15910	PRATEEK BANSAL	VIII	D	MR. NEERAJ BANSAL	SUBHASH	VI			
239	15757	NAMAN GOYAL	VIII	Е	MR DEEPAK GOYAL	GANDHI	VI			
240	15804	VANYA AHUJA	VIII	Е	MR. AJAY AHUJA	PATEL	VI			
241	15562	NIHARIKA ARORA	IX	D	MR. AMIT ARORA	SUBHASH	VI			
242	15451	PIA VERMA	IX	Е	MR. SUDHIR N.VERMA	JAWAHAR	VI			
	VII Timer									
243	15444	MUSKAN AGGARW- AL	IX	A	MR. DHIRAJ AGGARW- AL	PATEL	VII			
244	15618	RITI AGGARWAL	IX	D	MR. SHIV KUMAR	PATEL	VII			
245	15556	ARCHITA MAHAJAN	IX	Е	MR. PRAVEEN MAHA- JAN	PATEL	VII			

S.NO	Adm No	Name	Class	Sec	Father's Name	House	Timer
246	15575	SHIVAM GOEL	IX	Е	MR. RAJIV GOEL	SHASTRI	VII
247	15621	VANSHIKA GARG	IX	Е	MR. DEEPAK GARG	TAGORE	VII
248	9143	MEHUL PALIWAL	XI	A	MR. NAVEEN PALIWAL	GANDHI	VII
249	8841	KANUSHI BAWEJA	XII	A	MR. RAJIV BAWEJA	PATEL	VII
			V	III Tin	ner		
250	15140	DIYA AGGARWAL	X	A	MR MANISH KUMAR AGGARWAL	PATEL	VIII
251	15426	СНЕНАК МЕНКА	X	D	MR. CHANDAN MEHRA	PATEL	VIII
			I	X Tim	er		
252	8998	AASHI GOEL	XI	A	MR. KAMAL KISHOR	TAGORE	IX
			2	X Time	er		
253	8719	NANDINI SETHI	XII	В	MR. RISHI SETHI	GANDHI	X





"The best way to predict future is to create it."

Abraham Lincoln



INTER SCHOOL & CHIEVEMENTS

The roots of true achievement lie in the will to become the best that you can become.

Harold Taylor

An Interschool Competition 'Cynosure 2020-2021' was held at G.D. Goenka Public School, Paschim Vihar on 11th & 12th December 2020 wherein the Jindalites participated in multiple activities like Rhyme time, Toontastic, Concoct a Story, Elite Movements, Yoghan, Painting Competition and Hasi ke Hansghule. Aanya Singla (III D) bagged the Third Prize in the event 'Concoct A Story'. She received accolades for her splendid performance. Drishti (VIII C) clinched the Third Prize in Yoghan by showcasing her immaculate Yoga feats. In a Painting competition, Suhani Singla (XI F) and Ridhi Madan (XI C) fetched the First Prize and Third Prize respectively, blending their aesthetic abilities with vivid imagination.

A Poster Painting Competition was held on 11 December 2020 by the Action Committee on the theme of 'Child Labour' in which students of class V enthusiastically participated and expressed themselves through diverse hues on the canvas.

The Rotary Club of Delhi Midwest in association with Rotaract Club of Gurugram Midwest organized an interschool debate competition 'Vaad- e- Vivaad' on 22 October 2020, for the interact clubs under Rotary Club of Delhi Midwest. Two teams comprising Niharika Arora (XD) and Molly Nayar(IX C), Hiya Luthra (IX A) and Bhavika (IXC) as speakers; and Vanisha (XE) and Vanshika (XE) as interjectors participated with a passionate zeal and presented emphatic views on the topic 'Lockdown- an effective way to combat the pandemic'.

An interschool online French competition was organized by Cambridge International DAV Public School, Pushpanjali Enclave in the month of December. There were different events for classes IV to VIII. Displaying her creative potential, Mitali Joshi (VIII E) designed a comic strip in French and brought laurels to the school by securing the Second Position.

IIT organized an online IT Fest Quiz competition for the students of classes VI to VIII on 10th December 2020 on Zoom Application. It was a platform for the students to display their knowledge and ingenuity in the realm of technology. All the nine participants, divided into three teams, showed splendid performance in the quiz. The team comprising Raghav Arora (VI-E), Kartik Balodi (VII B) and Aanvi Sehdev (VIII B) clinched the First Position. The team consisting of Anay Samaria (VI A), Menaal Anand (VII B) and Shikher Mehra (VIII A) got the Second Position.

n a competition 'Art attack' organized by Delhi Public School, Jaipur on 11 January 2020, Aarav Garg (VIA) captivated everyone with his artistic skills and received the Judge's Appreciation Award.

Utilizing the digital tools and technologies to lend an expression to their creative ideas and visualization, Rajat Sharma (V C) participated in an Interschool Online Competition 'Game Designing' organized by Modern Public School, Shalimar Bagh, New Delhi on 31st January 2021, and clinched the First Position and a commendation certificate.

n a Solo Creative Contemporary Dance competition organized by Ahlcon International School on 23rd February 2021, Nupur Chauhan (IX B) bagged the Second Position.

	SHAHIDI DIVAS Poster Making Competition (IX & XI)				
S.No	Star Participants	Class	S.No	Enthusiast Participants	Class
1	Manya Suri	11 D	1	Punya Manchanda	11 A
2	Manya Kapoor	11 F	2	Shreya Dhingra	11 D
3	Harshit	11 F	3	Sneha Dhingra	11 D
4	Harsh Kumar	11 D	4	Manya Gupta	11 D
5	Bhavya Gaur	11 F	5	Keshav Chhabra	11 E
6	Muskan Bansal	11 C	6	Aditi	11 C
	8.	2	7	Aayush Gupta	11 E
			8	Rakshit	9 A
			9	Suryansh Aggarwal	9 D
			10	Harsh Sharma	9 E
			11	Palak Bhardwaj	9 A

	GEETA SHALOKA RECITATION COMPETITION					
S.No	Star Participants	Class	S.No	Enthusiast Participants	Class	
1	Aanvi Sahdev	VIII B				
2	Aanya	VIIB				
3	Anupriya	VII A	1	Rudransh Aggarwal	VIE	
4	Aparna	VIII B		Wat		
5	Ronak	VID				

DIGITAL ART FESTIVAL COMPETITION

In order to keep the students abreast with the latest ICT innovation, an IT Fest, Intra School IT Competition was conducted on 10th December 2020 by the NIIT for classes III to V. The students demonstrated not only their computer skills but also their creative skills. The results are as follows:

EVENTS	CLASS CATEGORY	SECTION	NAME	POSITION
		Е	ANSH YADAV	FIRST
PAINT	III	В	ADITYA PARMAR	SECOND
		Е	ANSH SINGHAL	THIRD
	IV	В	ANANYA VIJ	FIRST
PAINT		D	TANISHQ	SECOND
		В	ISHAA CHOPRA	THIRD
		С	PUNYE THAREJA	FIRST
PAINT	V	D	SHUBHAM	FIRST
	V	С	NAVYA GARG	SECOND
		E	AARNA CHAWLA	THIRD



AWARDS & ACCOLADES



"Only passions, great passions, can elevate the soul to great things... "

Savitribai Phule Samman, designed to recognize efforts, service and contribution of dedicated teachers in the realm of education, was bestowed upon Mrs. Bharti Pushkarna, PGT, Home Science, on 6th September, 2020, for her incredible achievement as an educator. It is an acknowledgement and commendation of her undying commitment to preserve the highest ideals and principles of education, embedded deep in her personal and professional spheres of life.



The school congratulates her on being felicitated with this prestigious award and takes pride in her outstanding accomplishment.



BIDDING ADIEU!!

"Teaching is not a profession; it's a passion. Without your passion and dedication, our children's future would resemble a sunset instead of a sunrise. Your days are long and often difficult. Thrive on your passion, and enhance our world's tomorrow..."

An epitome of unflagging enthusiasm, compassion and caring concern, Mrs. Anjana Gupta served the institution for about 34 years and made self-less strivings to mould the young fledglings into vibrant individuals of inspiring persona, character and ethics.



LIST OF TALENTED STUDENTS (2019-20) PRIMARY SCHOOL

S. No.	Name of Activity	Name of Student	Class	House
1.	Best Speaker	Kiyansh Sharma	PS-A	Tagore
2.	Best Artist	Shrikirti	PS-A	Subhash
3.	Tidy Tiny	Jiana Lamba	PS-A	Shastri
4.	Best Speaker	Prachi	PS-B	Subhash
5.	Best Artist	Dhanvi Verma	PS-B	Jawahar
6.	Tidy Tiny	Shaurya Grover	PS-B	Patel
7.	Best Speaker	Aanya Pachnanda	PS-C	Patel
8.	Best Artist	Aradhya Gupta	PS-C	Tagore
9.	Tidy Tiny	Kaayan Malik	PS-C	Shastri
10.	Best Speaker	Myra Nagpal	PS-D	Tagore
11.	Best Artist	Myra Jindal	PS-D	Shastri
12.	Tidy Tiny	Kavyansh	PS-D	Gandhi
13.	Best Speaker	Anica Rohilla	PS-E	Shastri
14.	Best Artist	Nishtha	PS-E	Patel
15.	Tidy Tiny	Maanav Yadav	PS-E	Patel
16.	Best Speaker	Samarth Sethi	PP-A	Gandhi
17.	Best Artist	Raghav	PP-A	Gandhi
18.	Tidy Tiny	Harshit Khanna	PP-A	Jawahar
19.	Best Speaker	Aadhya Tiwari	PP-B	Subhash
20.	Best Artist	Omaana Gurung	PP-B	Shastri
21.	Tidy Tiny	Lokakshi Sharma	PP-B	Patel
22.	Best Speaker	Kriti	PP-C	Patel
23.	Best Artist	Sanvi Malik	PP-C	Subhash
24.	Tidy Tiny	Kartik Mittal	PP-C	Subhash
25.	Best Speaker	Bhavya Malhotra	PP-D	Gandhi
26.	Best Artist	Bhavi Yadav	PP-D	Subhash
27.	Tidy Tiny	Jivika	PP-D	Tagore
28.	Best Speaker	Chitrakshi	PP-E	Shastri
29.	Best Artist	Trisha Aggarwal	PP-E	Jawahar
30.	Tidy Tiny	Dakshita Sharma	PP-E	Tagore
31.	Best Speaker	Nishtha	I-A	Shastri
32.	Best Artist	Pratishtha	I-A	Tagore
33.	Best Dancer	Manya Singhal	I-A	Jawahar
	•			

34.	Best Speaker	Kashvi Bhandari	I-B	Patel
35.	Best Artist	Hridhaan Aggarwal	I-B	Jawahar
36.	Best Dancer	Sudiksha Tanwar	I-B	Gandhi
37.	Best Speaker	Runzhun	I-C	Shastri
38.	Best Artist	Pragya Bindal	I-C	Jawahar
39.	Best Dancer	Aashvi	I-C	Gandhi
40.	Best Speaker	Eeshitaa Sehgal	I-D	Jawahar
41.	Best Artist	Lakshiv Chopra	I-D	Subhash
42.	Best Dancer	Pranika Gupta	I-D	Shastri
43.	Best Speaker	Advika Verma	I-E	Tagore
44.	Best Artist	Aarohi Yadav	I-E	Shastri
45.	Best Dancer	Heer Arora	I-E	Patel
46.	Best Speaker	Roshni Jain	II-A	Jawahar
47.	Best Artist	Vansh	II-A	Shastri
48.	Best Dancer	Aanya Goel	II-A	Tagore
49.	Best Speaker	Aditya Parmar	II-B	Gandhi
50.	Best Artist	Adrija Purkait	II-B	Patel
51.	Best Dancer	Vanya Sethi	II-B	Gandhi
52.	Best Speaker	Samaira Seth	II-C	Gandhi
53.	Best Artist	Anushka Yadav	II-C	Shastri
54.	Best Dancer	Aradhya Soni	II-C	Jawahar
55.	Best Speaker	Divita Goyal	II-D	Patel
56.	Best Artist	Mahi Jain	II-D	Jawahar
57.	Best Dancer	Gaurvi Hans	II-D	Shastri
58.	Best Speaker	Bhavik Aggarwal	II-E	Patel
59.	Best Artist	Ansh Singhal	II-E	Jawahar
60.	Best Dancer	Ishita Singh	II-E	Tagore

BEST STUDENT AWARD IN ENVIRONMENT BEAUTIFICATION FOR THE ACADEMIC SESSION 2019-2020 PRIMARY SCHOOL

S.NO	Name of Activity	Name of Student	Class	House
1	Ground Floor	Kavyanjali Kumar	PS-B	Gandhi
2.	First Floor	Ishaa Chopra	III-B	Subhash
3.	Second Floor	Veer Abrol	V-A	Shastri

LIST OF TALENTED STUDENTS (2019-20) PRIMARY SCHOOL

S.NO	Name of Activity	Name of Student	Class	House
1	Best Yoga Student (Boy)	Madhav Kumar	IV-B	Patel
2	Best Yoga Student (Girl)	Jiya	IV-B	Tagore
3	Best Speaker	Riddhima Chawla	V-E	Patel
4	Best Computer Student	Ridhi Garg	V-E	Patel
5	Best Sports (Girl)	Navya Garg	IV-C	Subhash
6	Best Sports (Boy)	Aarush Garg	V-A	Subhash
7	Best Dancer	Ahaana Khosla	V-C	Gandhi
8	Best Singer	Deepak Bansal	V-C	Subhash
9	Best Actor	Vikramaditya	V-E	Patel
10	Best Instrumentalist	Ronak Singh	V-A	Tagore
11	Best Artist	Amit Kumar	V-D	Shastri
12	Best Band Student	Vansh Gupta	V-A	Patel
13	Most Disciplined Student	Aarav Garg	V-A	Tagore
14	All Around Best Student	Somya Sharma	V-D	Shastri



School Appointments For The Session 2020-2021

PRIMARY SCHOOL

S.No.	Post	NAME OF THE STUDENT	CLASS	HOUSE
1	HEAD BOY	DAKSH MALIK	V-C	GANDHI
2	HEAD GIRL	JHANAK BHALLA	V-D	SUBHASH
3	VICE-HEAD BOY	DHANSH MEHRA	IV-B	GANDHI
4.	VICE-HEAD GIRL	PRERNA CHAWLA	IV-A	PATEL
5	SPORTS SECRETARY (B)	SHUBHAM	V-D	SHASTRI
6	SPORTS SECRETARY (G)	NAVYA GARG	V-C	SUBHASH
7	CULTURAL SECRETARY	RASHI	V-D	TAGORE
8	LITERARY SECRETARY	PRANJALIE MISHRA	V-D	SHASTRI
9.	LANGUAGE PREFECT	MOKSHDA	V-C	SHASTRI



















GANDHI HOUSE

S.No.	POST	NAME OF THE STUDENT	CLASS
1	HOUSE CAPTAIN	JOEL	V B
2	HOUSE VICE CAPTAIN	GARVIT	IV A
3	SPORTS CAPTAIN	KARTIK KANOJIA	V B
4	ENV. BEAUTIFICATION PREFECT	DIVYANSHI	V A
		AANYA	V A
_	LIQUICE PREFECT	HIMANSHI	III C
5	HOUSE PREFECT	TURANYA	V B
		ANUSHKA	IV B



JAWAHAR HOUSE

S.No.	POST	NAME OF THE STUDENT	CLASS
1	HOUSE CAPTAIN	VANYA AHUJA	V B
2	HOUSE VICE CAPTAIN	RAMAA CHAWLA	IV D
3	SPORTS CAPTAIN	SAMRIDHI	V D
4	ENV. BEAUTIFICATION PREFECT	AKSHITA	۷C
		DHRITII	IV B
_	HOUSE PREFECT	ALISHA KHAN	IV A
5		ARADHYA	IV D
		AAYUSHI SHARMA	IV E



TAGORE HOUSE

S.No.	POST	NAME OF THE STUDENT	CLASS
1	HOUSE CAPTAIN	TANISH PAL	V B
2	HOUSE VICE CAPTAIN	BHRITHI CHHABRA	IV E
3	SPORTS CAPTAIN	AYUSHI	VE
4	ENV. BEAUTIFICATION PREFECT	MANIKA ARORA	IV C
		ETRIKA AGGARWAL	V A
5	HOUSE PREFECT	AAYUSHMAN VASHISHTHA	IV A
		KASHVI GUPTA	V D
		ISHITA RAJORA	V B



SUBHASH HOUSE

S.No.	POST	NAME OF THE STUDENT	CLASS
1	HOUSE CAPTAIN	MANNAN MALHOTRA	V B
2	HOUSE VICE CAPTAIN	SAKSHAM LAKRA	IV E
3	SPORTS CAPTAIN	RONIK DABAS	V B
4	ENV. BEAUTIFICATION PREFECT	ARNAV NIKKUM	VE
		JIYA SHAH	۷C
		JAYANT CHAWDA	IV C
5	HOUSE PREFECT	SHAMBHAVI KAUSTUBH KARMARKAR	VD
		NITYA CHAHAL	IV D



PATEL HOUSE

S.No.	POST	NAME OF THE STUDENT	CLASS
1	HOUSE CAPTAIN	AAKARSH TANWAR	VE
2	HOUSE VICE CAPTAIN	TANISHQ JOSHI	IV D
3	SPORTS CAPTAIN	LUVYESH ANAND	V D
4	ENV. BEAUTIFICATION PREFECT	ANGEL KAUSHIK	V D
5	HOUSE PREFECT	AAYAN JINDAL	IV C
		SAMRIDHI MALIK	III D
		ANVESHA KUMAR	IV D
		ADRIJA PURKAIT	III B



SHASTRI HOUSE

S.No.	POST	NAME OF THE STUDENT	CLASS
1	HOUSE CAPTAIN	RIDA ARORA	V A
2	HOUSE VICE CAPTAIN	RAAGHAV CHAWLA	IV A
3	SPORTS CAPTAIN	FALAK KAPOOR	V A
4	ENV. BEAUTIFICATION PREFECT	SHRISHTI SAINI	VC
5		BHUMIKA YADAV	IV E
	HOUSE PREFECT	GAURVI HANS	III D
		MANVI GIROTRA	V B
		KAPISH GUPTA	IV E



LIST OF TALENTED STUDENTS (2019-20) SENIOR SCHOOL (VI - VIII)

S.No.	Post	NAME OF THE STUDENT	CLASS	HOUSE
1	Best Speaker	Naman Goel	VIII – E	Gandhi
2	Best In Computer	Shreyans Jain	VIII - A	Gandhi
3	Best Artist	Avani Gupta	VII – C	Tagore
4	Best Artisan	Diya Kadyan	VIII – B	Gandhi
5	Best Actor	Aadil Abrol	VIII – D	Patel
6	Best Singer	Jiya Sharma	VIII – A	Jawahar
7	Best Dancer	Molly Nayyar	VIII - E	Subhash
8	Best instrumentalist	Harshil Khandelwal	VIII – E	Patel
9	Best Student in Band	Mehul Jindal	VIII – A	Tagore
10	Best in Yoga	Pranav (B)	VI – A	Jawahar
		Drishti (G)	VII – C	Shastri
11	Best N.C.C. Cadet	Parth	VII – D	Shastri
12	Best Scout / Guide	Yash Kumar	VII – C	Gandhi













LIST OF TALENTED STUDENTS (2019-20) SENIOR SCHOOL (IX -XII)

S.NO	POST	NAME OF THE STUDENT	CLASS	House
1	All Round Best Student	Mehul Paliwal	XI – A	Gandhi
2	Most Disciplined Student	Aashi Goel	XI– A	Tagore
3	Best Speaker	Divjot Kaur	XI - F	Subhash
4	Best In Computer	Nikunj	XII – A	Patel
5	Best Artist	Saksham Arora	X – D	Gandhi
6	Best Artisan	Ridhi Madaan	X – B	Subhash
7	Best Actor	Anshita Arora	X – E	Jawahar
8	Best Singer	Sakshi Gupta	X – E	Tagore
9	Best Dancer	Srishti Nagpal	XII – E	Jawahar
10	Best instrumentalist	Rachit Wadhawa	XII – B	Shastri
11	Best Student in Band	Lakshay Garg	XII – A	Jawahar
12	Best in Yoga	Harshit (B) Ananya Rawat (G)	X – C XI – E	Subhash Gandhi
13	Best N.C.C. Cadet	Parth Mehta	XI– F	Shastri
14	Best Scout / Guide	Kanak	IX - B	Tagore



PARTH MEHTA

ANANYA RAWAT

School Appointments For The Session 2020-2021

S.NO	POST	NAME OF THE STUDENT	CLASS	HOUSE
1	HEAD BOY	MEHUL PALIWAL	XII A	GANDHI
2	HEAD GIRL	DIVJOT KAUR	XII F	SUBHASH
3	VICE-HEAD BOY	SAKSHAM ARORA	XI A	GANDHI
4	VICE-HEAD GIRL	ANSHITA ARORA	XIC	JAWAHAR
5	SPORTS SECRETARY (B)	ADVIT KHERA	XII B	TAGORE
6	SPORTS SECRETARY (G)	SHRESTHA BISHT	XII C	TAGORE
7	LITERARY SECRETARY	SAMRIDDHI SHARMA	XI A	TAGORE
8	CHIEF LANGUAGE PREFECT	VIKSITA BHARDWAJ	XII C	JAWAHAR
9	CULTURAL SECRETARY	DELISHA SURI	XII C	SHASTRI



GANDHI HOUSE

S.No.	POST	NAME OF THE STUDENT	CLASS
1	HOUSE CAPTAIN	CHAHAT KHANNA	ΧE
2	HOUSE VICE CAPTAIN	NAMIT KUMAR	ХD
3	SPORTS CAPTAIN	BHRIGU WADHWA	XI E
4	HOUSE PREFECT	GAURIKA SETHI	IX B
		AKSHIT BANSAL	IX E
		NAMAN GOYAL	IX C
		SHREYANS JAIN	IX E















JAWAHAR HOUSE

S.No.	POST	NAME OF THE STUDENT	CLASS
1	HOUSE CAPTAIN	RITIKA SURI	XI E
2	HOUSE VICE CAPTAIN	PIA VERMA	ΧE
3	SPORTS CAPTAIN	KAVYANSH GUPTA	XI F
4	HOUSE PREFECT	•MEHAK GUPTA	XI B
		•SHUBHAM BANSAL	ΧE
		•TANISHA SACHDEVA	IX D
		•VANSH DABAS	IX C















TAGORE HOUSE

S.No.	POST	NAME OF THE STUDENT	CLASS
1	HOUSE CAPTAIN	MEHAK GARG	XI E
2	HOUSE VICE CAPTAIN	VANSHIKA GARG	ΧE
3	SPORTS CAPTAIN	MANPREET KAUR	ХD
4	HOUSE PREFECT	SHIVI KHANDELWAL	ΧD
		SURYANSH	IX A
		SHITIZ BANSAL	IX B
		ANUJ DHADHICH	ХА















SUBHASH HOUSE

S.No.	POST	NAME OF THE STUDENT	CLASS
1	HOUSE CAPTAIN	SHIVANSH CHOPRA	XII C
2	HOUSE VICE CAPTAIN	NIHARIKA ARORA	ΧD
3	SPORTS CAPTAIN	JIYA PURI	IX D
4	HOUSE PREFECT	•ABHISHEK ASIWAL	ΧD
		•KRISH GOEL	IX C
		•MOLLY NAYAR	IX C
		•TANISHQ SETHI	XI D















PATEL HOUSE

S.No.	POST	NAME OF THE STUDENT	CLASS
1	HOUSE CAPTAIN	CHEHAK MEHRA	XI E
2	HOUSE VICE CAPTAIN	SHIVIKA ARORA	ХВ
3	SPORTS CAPTAIN	KRISH SHARMA	XI A
4	HOUSE PREFECT	•HIYA LUTHRA	IX A
		•VANYA AHUJA	IX C
		•PALAK BHARDWAJ	IX A
		•JAPNEET KAUR	ХА















SHASHTRI HOUSE

S.No.	POST	NAME OF THE STUDENT	CLASS
1	HOUSE CAPTAIN	ISHITA BANSAL	XI C
2	HOUSE VICE CAPTAIN	PRASSAN DIXIT	X A
3	SPORTS CAPTAIN	KARTIK MADAN	XI B
4	HOUSE PREFECT	YASH GUPTA	IX C
		VANISHA TYAGI	ΧE
		GAURAV GIROTRA	ХС
		HARSHIT	VIII F















INTEGRATING ART WITH LEARNING

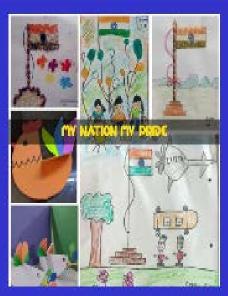


PASSION FOR LEARNING WITH ART



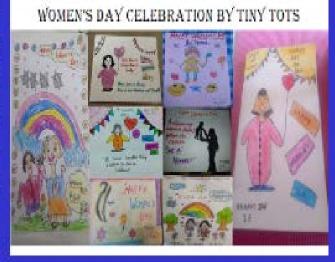
UNLEASHING THE FOUNTAINS OF CREATIVITY







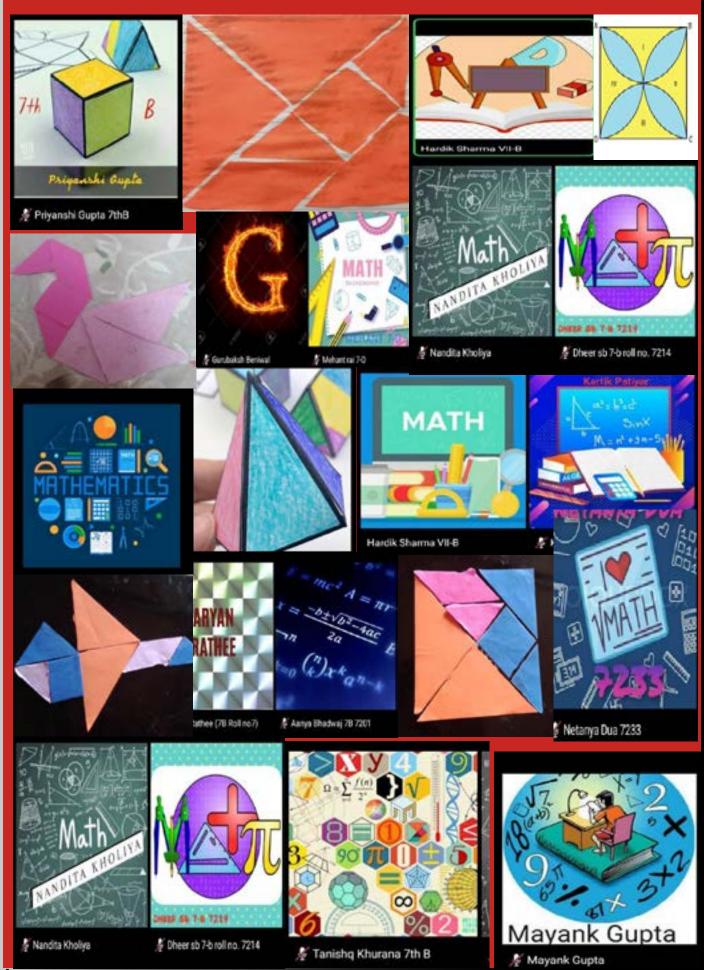




INCREDIBLE CAPACITY FOR IMAGINATION



UNRAVELLING THE MYSTERIES OF MATHEMATICS



HUES OF SILENT EXPRESSIONS



COOKERY - A FORM OF CREATIVE EXPRESSION



"Cooking is like painting or writing a song. Just as there are only so many notes or colors, there are only so many flavors - it's how you combine them that sets you apart."................ Wolfgang Puck

CREATIVITY - THE CROWNING BLESSING OF LIFE



LEAPS OF IMAGINATION

CHRISTMAS

Christmas day! Christmas day! The fun is on its way. Everyone is feeling jolly, O Santa! Please give me a dolly.

Alone with the Northern light, On this cold winter night, The Santa comes with goodies, And lots of treats for the foodies.

The joy is always shared, The poor will always be cared. Spread out on land, Get ready for the action grand.

Let us not feel gloomy, And gobble all the lollies, No need to worry, Come! Come! Let us all hurry!

People are having fun, Wishing each and everyone, We all have a different reason, To celebrate this Christmas season.

Etrika(VA)



Unity in Diversity

Rajasthan-Land of palaces and forts

Thardesert and HawaMahal are very famous. Baoris, Palaces and forts are numerous.

Known for its royal culture and monuments, Puppet shows are the reason of amusement.

Simple living and high thinking is the people's

Aravali range, jungle safari and camel cart lends the state magnamity.

Sariska and Alwar both are joined, Bhangarh Fort is a haunted point.

A land of Royals and paraphernalia, Unique festivals are this state's regalia.

JHANAK BHALLA (V D)

COUNTRYSIDE

Off to the countryside we go, Let us delay no more. Why we need the countryside as we age? Because the city gave us ailments with age. City is full of population and greed, Land has become barren with no trees. Nature is struggling to satisfy our needs. Air in countryside is clean and pure, Promising a long life for sure. When we are dim and have no health, The countryside beckons, Offering us its wealth.

Rajat Sharma (VC)

RAINBOW

High up in the sky, Where birds love to fly, I can see the rainbow.



Which is a spectacular show. I want to go near, Without feeling any fear. I can see it after rain, As I peep through the window pane. It looks so colourful. Beholding it, makes me feel wonderful.

Spread in the clear blue sky, Isn't it an absolute treat for the eyes?

Rashi (VD)

THE RED RIDING HOOD

This little girl seems to say, Never stop on your way. Never trust a stranger friend, No one knows how it will end. As you're pretty, so be wise, Wolves may lurk in every quise. Handsome they may be and kind, Gay and charming never mind. Now or then it's the simple truth, Sweetest tongue has sharpest tooth.



ROSHNI JAIN (III A)

MY BEST FRIEND

Life is incomplete without friends. The world will become a boring and a dark place if there are no friends. Today I will tell you about my best friend. Her name is Vaishnavi. She studies with me in my class. Though schools are closed but we are in touch. We video call and talk when we are bored. She fills my life with immense joy. Happy are those people who have close friends to share their joys, happiness and sorrows. Vaishnavi is not only a good and obedient girl but she is also a bright student. We never forget to wish each other on our birthdays. We both want to be doctor when we grow up. Whenever I am not able to attend my class, she shares all the work with me. I am thankful to God for such a friend. I pray to God that our bond become stronger. When the school will reopen after the pandemic, I will share all my experiences with her.

Kaashvi Bhandari (II B)

MY SCHOOL – AS I REMEMBER IT

A place where we learn, play, observe and study is our school. What we imbibe from our school is something which stays with us forever. Due to the outbreak of the Corona Virus pandemic, we were forced to stay inside our houses and thus, far away from the fun learning atmosphere of the school. As I remember, I used to sit and study with my classmates, share our experiences with the teachers and learn new things. Relishing the delicious home cooked food with my friends is something I really miss. We always looked forward to our physical education period during which we played many games and worked on our strength and endurance.

I do miss my school, but I am also hopeful that this pandemic will end soon and I'll be able to go back to my school – a place which challenges and delights me.

Dhansh Mehra (IV – B)

Time and Tide Wait For None

Being a nine year old girl, I didn't know the depth of the proverb 'Time and tide wait for none'. It was my mother who explained the importance of time by sharing with me an incident that had once happened in her life. My mother had always been a good student all through her life. What she never understood was the importance of being punctual. She had been selected to appear for an interview in a reputed firm. As usual, she reached late. She lost the job inspite of having all the qualifications required for it. That day she understood that time is precious and never waits for anyone.

She always guides me to respect time and never to defer any task. Now I have understood the importance of time and the meaning of the proverb 'Time and tide wait for none.

Samiksha Yadav (IV A)

Keep Your Promise - Save water....!

Water your plants early or late in the day, Grow plants around to hold water at bay.

Saving water is the need of the hour, Play your part and be water smart.

Do not use a hose to clean driveways. Instead, look for ways alternate.

Install rainwater tanks And aerator on taps. Kids, Young and old, Be a water warrior To be Earth's saviour.

Aanya Goel (III A)

CELEBRATING WOMANHOOD

Let's all take out a moment from our busy lives to thank all the women in our lives who have made a difference. The word 'woman' cannot be defined in a few words. A woman is a masterpiece created by God. She plays myriad roles with so much perfection and ease. A woman works 365 days a year and she is unstoppable. The idea of strong women doesn't just apply to superheroes because it is not only about physical strength rather it's about emotional and mental strength. Be it our mothers, sisters or grandmothers we owe these incredible women a lot. Make sure you take a moment to reach out to the important ladies in your life and thank them for everything they have done to make our lives better.

Vandana Bhandari (Assistant Teacher)

She is Power

She embraces strength as she wears her attire. Glory redefines itself for the conscience so glad. Satiety locks down on her veil with the imprints of rise.

For her crowning ceremony, she is besieged by flowers of power. Her eyes shine with enlightenment and forbid pitiness.

Laden with empowerment, uphold the justice for now the rays reach her too, without passing through the storm not hiding behind the clouds. As now she stands with utmost pride which makes shame succumb to death.

Clinching to the top, she now does not look back as she's far more ahead than the mindset.

Driven by the spirit of victory, she fights but never stands defeated despite of merciless shots all through her heart.

As now the sun has risen and the dark has lost its moonlight.

Fear has now stepped down for the fierce.

Chehak Mehra (XIE)



My Country, A Land of History'

Divinity, my land stands for I worship in the temple My friend offers prayer in the mosque The holy river Ganges The mighty Quran Secular, my country Praises the lord of humanity.

Sacrifice, my land stands for Sovereignty, they took an oath for Souls of those who were hanged Guard the nation as their infants Dandi March, a manoeuvre of success As Satyagrahis peacefully revolted against the injustice.

Peace, my land stands for
As the constitution protects the innocent
And chastises the culprit
For, harmony reigns over conflict
Binding my country into the ties of brotherhood
Setting an example for the youths to come.

Heritage, my land stands for
Taj Mahal, wonder of the world,
Resides in it the soul of Mumtaz, symbolising
epitome of love
Inscribed on it are the names of brave hearts
As India Gate pays homage to the motherland.

My country, a land of history I bow to its integrity As my countrymen stand with me in solemnity.

Chehak Mehra (XI – E)

THERE'S A LOT OF BEAUTY IN ORDINARY THINGS

The Covid 19 pandemic has changed everything. perceive things. This is how the pandemic has New trends and habits have emerged; selfies in masks, sanitizers photo bombing from behind. And this has penetrated into our lives to such an extent that even infants now know when their parents are leaving - when they wear masks! But one of the major virtues of the pandemic is the worth of ordinary life we never realised. Carrying out day-to-day activities was a routine and we never even thought of such a quantum leap in our life that Covid brought. This normal life was mistaken as monotonous; nothing to be cared for. Earlier we didn't recognise the happiness in day-to-day 'ordinary things', lunch break chit-chats, outings with family, get-togethers at weekends, walks with pets and even going to school or workplace. And now we are waiting for things to return to normalcy so that we can carry out the same routine, which will now be considered beautiful and not monotonous. This depicts teaching for lifetime, to enjoy what we have, to the change in our mindset - the way we think and enjoy every day.

changed us and made us look back to the real meaning of life, simple ordinary things, and not

There are lifestyle changes too. Now people are more health conscious and social, they have understood what actual wealth and happiness is. This pandemic showed the world - from poor to rich- that we are social beings and it is in our very existence that we need to connect, meet & share. Life became solitary and we didn't care for others, other species and even our own race. Man has been too selfish in fulfilling his self-centred desires. We forgot feeding birds, connecting with nature and enjoying these subtle things. Quoting the final lines of the famous American Sitcom - The Office "There's a lot of beauty in ordinary things." The charisma of ordinary things is immense. We have realised it now. And it will be a

Kesar Goswami XI - B

Defying Corona

The World is shaken by sorrow, Hoping for a better tomorrow. Still miles to go, to heal the souls, Oh God!help us till the time rolls.

Mother nature killed by humanity, Now, nature is showing its gravity. May the peace and love prevail, May never the humans ail.

Time to seek forgiveness from the Almighty, At the time when Corona hugged us tightly. Lord! give us all the courage, Our sins are beyond carriage.

Standing in the balconies, Shelling out the agonies. We pray to be safe on this earth, For the Lord gave humanity the birth.

May the peace and love prevail, Maythe humans neverail. Amen!!

Abhishek Gupta(XI B)

Importance of Education

Every child has education right, It will make their future bright. Education is the basic need, It is not so expensive deed. It should be the duty of a nation, Mandatory should be the education. Education is the only tool, For one not to be a fool. Education is more powerful than money, and will ease the life journey. Strongest is the one who is educated, No matter where the one is located. Education opens up the ways to get successful, Which will make the life meaningful. This is my humble request, No one should be left uneducated! Education is a path to divine success, A smooth drive to our greatness.

Saanvi (VIII B)

DUSSEHRA CELEBRATIONS

"Every day, the Sun rises to give us the message that darkness will always be defeated by light."

The glorious festival of Vijayadashmi is an apt example of this. A celebration that occurs on the tenth day of Shukla Paksha of Ashwin month of Hindu luni-solar calendar is called Dussehra. Every year, Dussehra is celebrated with utmost pomp and show, zeal, faith, love and respect by Hindus and others to mark the 'victory of good over evil.' Dussehra is like the grand finale to the ten-day long celebrations of Navratri.

Dussehra is celebrated for multiple reasons in different parts of India. Every state has its unique and exclusive way of observing this grand occasion. The eastern and north-eastern states mark it as the victory of Goddess Durga over the demon Mahishasura, while the northern and central states celebrate it to recall and rejoice Lord Rama's triumph over demon king Ravana. All over India, towering effigies of Ravana, Kumbhkarna and Meghnad – symbolizing evil- are burnt along with fireworks to mark the end of evil at the hands of Lord Rama.

As told in some traditions, in the Treta Yuga, Ravana, the malevolent king of Lanka, kidnapped Sita, wife of Lord Rama, and kept her captive in Ashok Vatika. The situation intensified and led to a fierce war between Lord Rama and Ravana. The battle ended in a debacle of evil in which Lord Rama defeated Ravana and thus put an end to his heinous rule.

Likewise, other traditions trust that Mahishasura was a buffalo demon known for his deceitful deeds. With the boon that no man could end his life, Mahishasura defeated Devas in a fierce battle. The grief-stricken Devas, combining their divine energies, coalesced into Durga. Riding a lion, Goddess Durga executed Mahishasura and gained the epithet of Mahishasuramardini of "the slayer of Mahishasura".

Another instance is from the great 'Mahabharata' in which Arjuna solely obliterated 10,00,000 Kuru soldiers and set an indelible example of destroying Adharma. Therefore, we see that beliefs of people may vary, but the same essence is celebrated throughout the country in the festival of Dussehra. Be it kids, youngsters or any other age group, this delightful festival never fails to amaze anyone.

UNESCO in 2008 officially termed the performance arts during Dussehra as one of the "intangible cultural heritages of humanity." The festivities and the related fervour include narrations and recitals based on the ancient Hindu text 'Ramcharitmanasa' authored by Tulsidas. People re-enact the play of 'Ramayana' which ends with burning the massive effigies of Ravana along with others with loads of fireworks.

Dussehra has its own regional variations in different parts of India. For instance, Kullu Dussehra is observed in the Kullu Valley of Himachal Pradesh, which is notable for its massive fair witnessed by half a million people. In Gujarat, fasting and prayers can be seen at several places. Their regional dances, Dandiya Raas and Garba, are internationally-known part of their joyful celebrations. To one's astonishment, the Gondi people instead celebrate Ravana by carrying an image of him mounted on an elephant and singing praises. This is because of the fact that they consider Ravana as their ancestor and also one of their gods.

The Dussehra celebrations are not only limited to India but have gained recognition across the world. In Nepal, Dussehra is celebrated by youngsters paying a visit to the elders of the family and students seeking blessings from their teachers. All the elders and teachers welcome the visitors humbly by marking their foreheads by tika (vermilion mark) and blessing them. Vijayadashmi follows the festival of Dashain in Nepal.

So, it is clearly visible that Dussehra is not only a mere festival – it is an emotion among people. Dussehra elegantly teaches us the consequences of doing evil deeds. This day, we burn the Ravana and Mahishasura residing somewhere in us and move forward on the virtuous path of goodness. Most importantly, Dussehra also displays "Unity in Diversity" and teaches us that good will always triumph over evil, truth will always prevail over lies and light will always overcome darkness. Thus, I conclude by saying "No matter how robust the evil is, its end will always be written by goodness."

Succès

Le dieu est l'amour, l'amour est la vie. La vie est une lutte, la lutte est un succès Le succès est le but.

Sans but, pas de succès, pas de lutte
Pas de vie, pas d'amour et pas de dieu.
Aspire pour la réalisation, réalisation est joie
Les joies sont le paradis, le paradis est la lumière
La lumière est la beauté et la beauté est le dieu.

MANNAN BHAYANA VII-E God is love, love is life
Life is struggle, struggle is success
Success is aim
Without aim, no success, no struggle
No life, no love and no god
Aim for achievement, achievement is joy
Joy is heaven, heaven is light
Light is beauty and beauty is god.

Je remercie toujours...

I always thank ...

Thank you is a great word. It helps us to express our gratitude to someone. This is the word that is very close to my heart. Every morning when I wake up I thank God for giving me yet another great day to live and work. So, I thank the earth which gives us food. I also thank my parents for the countless things they do for me and I thank my friends for always being there. I thank nature for being so pleasant and alive. I always thank. I learned this from my mother to be grateful.

Merci est un mot super. Il nous aide à exprimer nos gratitudes à quelqu'un. C'est le mot qui est très près de ma cœur. Tous les matins quand je me réveille, je remercie le Dieu pour me donner un encore jour si formidable de vivre et de travailler. Donc, je remercie la terre qui nous donne la nouriture. Je remercie aussi mes parents pour des choses incomptables qu'ils font pour moi et je remercie mes amis pour toujours être là. Je remercie la nature pour être si agréable et vivante. Je remercie toujours. Je l' ai appris de ma mère d'être reconnaissante.

Yugav Class- 8D



UNE PROMENADE DANS LE JARDIN

Je vais au jardin
Pour se promener
J'ai entendu les oiseaux pépient
Et a été stupéfait par le son
Rien de mieux
Que le vent apaisant autour
La vision des arbres et de belles fleurs
Le ciel clair et les papillons autour
La vue était un médicament pour la douleur
dans les yeux.

Vaishnavi VIII - E

A Walk in the garden

I went to the garden
To take the walk around
I heard the birds chirping
And was stunned by the sound
Nothing could be better
Than the soothing wind around
The vision of the trees and beautiful flowers

MON PÈRE

My Father

My Dad is a person who is loving and kind, And often he knows What I have in my mind. He's someone who listens, suggests, and defends My dad can be one of my very best friends; He's proud of my triumphs, but when things go wrong, My dad can be patient and helpful and strong. In all that I do, My dad's love plays a part There's always a place for him deep in my heart. And each year that passes, I am even more glad, More grateful and proud just to call him my dad! Thank you Dad... for listening and caring, for giving and sharing, but, especially, for just being you.

Mon Père est une personne qui est aimant et gentil, Et souvent il sait Ce que j'ai en tête. C'est quelqu'un qui écoute, suggère et défend Mon père peut en être un de mes meilleurs amis; est fier de mes triomphes, mais quand les choses tournent mal, Mon père peut être patient et serviable et fort. Dans tout ce que je fais, L'amour de mon père joue un rôle l y a toujours une place pour lui au fond de mon coeur. Et chaque année qui se passe, le suis encore plus contente, Plus reconnaissant et fier juste pour l'appeler mon père! Merci papa... pour écouter et prendre soin, pour donner et partager, mais , surtout, pour être juste toi.

Siddhi Sahani

Mon super-héro

per-héro? Ah, c'est ma mère grâce à qu'elle j'ai une merveileuse vie. Elle me donne tout ce que j'ai besoin et elle me fait toujours neureuse. Elle a la responsabilité de toute la maison bien qu'elle fasse toutes les choses parfaitement. Elle m'occupe toujours. Elle est la meilleure cuisinière comme elle fait de repas très délicieux. On peut le décrire avec tous les bons adjectifs car elle est la meilleure. J'ai appris de respecter tous de ma mère. C'est elle qui m' a fait comprendre des valeurs dans la vie et c'est ma mère qui me donne beaucoup de courage. Elle me dit souvent que rien n'est impossible à faire si on a de la volonté. Donc elle est mon super-héro et je l'adore le plus.

> Ishika kamboj Class- 7B

My super hero

Do you know about my superhero? Ah, it's my mother because of her I have a wonderful life. She gives me everything I need and she always makes me happy. she is responsible for the whole house although she does everything perfectly. She takes care of me. She is the best cook as she makes very delicious meals. we can describe her with all the best adjectives because she is the best. I learned to respect from my mother. It was she who made me understand values in life and it is my mother who gives me a lot of courage. she often tells me that nothing is impossible to do if you have the will. So she is my superhero and I adore her the most.





HINDI

सर्दी का मौसम

वाह! क्या सर्दी का मौसम है आया मौज ही मौज मनाते हैं, रजाई में बैठकर मस्ती करते मूंगफली और गज्जक सर्दी में बहुत लुभाते हैं स्कूल के पूरे 15 दिन की छुट्टी हो गई अब घर में चली मनमानी है, इन छुट्टियों में जी भर के खेलो उंड से डरना हमारा काम नहीं है।

धुंध छाई कभी बारिश हुई हर एहसास का मज़ा लिया, ढेरों कपड़े लाद कर ठंड से तगड़ा मुकाबला किया।

तापमान गिरता जाता झर-झर ठंडी हवा चलती सर-सर, कंपकपी ना रूकती पल-भर तब माँ पहनाती टोपी सर-पर। धूप निकले तो मन को सुकून मिल जाए आग सेकें तो जान में जान आ जाए, इस सर्दी के मौसम में चाय-पकौड़े मिले तो सर्दी से मोक्ष मिल जाए। वाह! क्या सर्दी का मौसम है आया...

> नमन आठवीं – एफ

मॉ

एक ही शब्द में सारी दुनिया समाई है
रब को मुस्कुराते देखा,जब मेरी माँ मुस्कुराई है
सुबह सूरज की किरण आने से पहले जग जाती है वो
दिन भर भाग दौड़ कर हम सबका ख्याल रखती है वो
अपने दुख को हँसी में छुपाती है
हमारी तकलीफ़, उसकी ऑखें भर आती हैं
कर्ज़ तेरा न चुका पाएँगे
यह ज़िंदगी तेरी दी हुई सौगात है
त तो मेरे हर कण – कण में समाई है।



चौथी - ब

ऑनलाईन पाठशाला





अनुभव पांडे आठवीं —ब

लॉकडाउन में मैंने क्या सीखा

इन दिनों पूरी दुनिया एक भयंकर बीमारी से ग्रस्त है जिसका नाम है कोरोना। कहा जाता है कि इस बीमारी ने घर से बाहर निकलना बंद करवा दिया। सरकार के आदेशानुसार हम सब घर के अंदर ही रहें जिससे यह बीमारी खत्म हो जाए इसे लॉकडाउन कहते हैं। हम सभी इस समय घर पर ही हैं और मैंने बहुत सारे अच्छे काम सीखे जैसे—

- 9) सबसे पहले सुबह उठकर व्यायाम और योगा करने की आदत डाली।
- २) घर के गमलों में लगे पौधों के बारे में जानकारी अपने दादा जी से ली और उन में पानी डालना सीखा।
- ३) हमने सुबह जल्दी उठकर अपने माता-पिता की घर के कामों में मदद करनी शुरू कर दी।
- ४) दादी जी सुबह जल्दी उठकर पूजा करती हैं हमने भी जल्दी नहाना धोना सीखकर पूजा–पाठ और प्रार्थना शुरू कर दी ।
- ५) हमने अपनी चीज़ों को व्यवस्थित रखना सीखा।
- ६) हमने बेकार के सामान से नए खिलौने बनाना सीखा।
- ७) इस दौरान हमने कई अच्छी किताबें पढ़ी जिनसे हमें नैतिक शिक्षा मिली।

हृदय सिसोदिया द्वितीय – सी

मेरा स्कूल

मेरा स्कूल, मेरा स्कूल, देखो कितना सुंदर स्कूल, जिसकी इमारत बहुत बड़ी, वह है मेरा प्यारा स्कूल।



जहाँ मिलता है शिक्षा का ज्ञान, साथ में मिलता खेल का मैदान, वह है मेरा सुंदर स्कूल, देखो कितना प्यारा स्कूल।

जहाँ के शिक्षक, बड़े ही शिक्षित, भर-भर देते हमको ज्ञान, साथ में मिलता हमको प्यार, वह है मेरा प्यारा स्कूल।

> देखो कितना सुंदर स्कूल, नहीं सकती इसको मैं भूल, सबसे न्यारा मेरा स्कूल, मुझको प्यारा मेरा स्कूल।

> > दिविता गोयल तीसरी – डी

छोटी किताबें मोटी किताबें

छोटी किताबें ,बड़ी किताबें पतली किताबें, बड़ी किताबें कोई हमें रुलाती है, तो कोई हमें हँसाती है। छोटी किताबें, मोटी किताबें पतली किताबें, बड़ी किताबें पतली किताबें, बड़ी किताबें कोई हमें पढ़ाती है, तो कोई हमें जीना सिखाती हैं छोटी किताबें, मोटी किताबें पतली किताबें, मोटी किताबें पतली किताबें, बड़ी किताबें कुछ तो ग्रंथ बतलाती हैं, कुछ इतिहास बतलाती हैं कुछ ज्ञान हमारा बढ़ाती कुछ विज्ञान की बारीकी समझाती लेकिन बुद्धि बढ़ाती सभी किताबें ।



शुभम पाँचवी— डी

प्रकृति

प्रकृति हमारी माता है। इससे हमें कई ज़रूरी चीज़ें मिलती हैं। जैसे— पेड़—पौधे, जल, हवा, पशु —पक्षी आदि। इनमें से सबसे अनमोल चीज़ है पेड़—पौधे। पेड़ हमारे जीवन के लिए बहुत ही उपयोगी हैं। पेड़ों से हमें फल, सब्ज़ियाँ, लकड़ी, दवाइयाँ आदि मिलते हैं। पेड़ हमारे वातावरण को शुद्ध करते हैं। ये खतरनाक कार्बनडाइऑक्साइड गैस को सोख कर बदले में हमें ऑक्सीजन देते हैं। बहुत से पक्षी अपना घर पेड़ों पर ही बनाते हैं। पेड़ हमें छाया देते हैं। पेड़ों के साथ— साथ प्रकृति में और चीज़ें भी हमारे लिए ज़रूरी हैं। ये सभी एक—दूसरे पर निर्भर हैं। एक को पहुँचने वाले नुकसान का बुरा असर सभी पर पड़ता है। इसलिए हमें अपनी प्रकृति की रक्षा करनी चाहिए। इसके लिए हम कई कदम उठा सकते हैं, जैसे—

- 1. पेडों को ज्यादा न काटा जाए।
- 2. जीव-जंतुओं का विनाश न किया जाए।
- 3. हवा और पानी को साफ़ रखा जाए।

इस तरह हम अपने जीवन पर आने वाले संकट को भी रोक सकते हैं।



सुमित दूसरी – ई

माँ

घुटनों से रेंगते — रेंगते, कब पैरों पर खड़ा हुआ।। तेरी ममता की छांव में , जाने कब बड़ा हुआ ।। काला टीका दूध मलाई , आज भी सब कुछ वैसा है ।। मैं ही मैं हूँ हर जगह , प्यार ये तेरा कैसा है ? सीधा — साधा, भोला— भाला, मैं ही सबसे अच्छा हूँ ।। कितना भी हो जाऊँ बड़ा , माँ ! मैं आज भी तेरा बच्चा हूँ ।।



आहाना खोसला छठी – बी

करो ना

रखो स्वच्छता अब किसी से डरो ना।
बिना काम के आप घूमो फिरो ना।
सुरक्षा सदा प्राथमिक कार्य हो अब ।
प्रसारित ना हो सकेगा कोरोना।
छिपाओ नहीं व्याधि का शक कभी हो
स्वतः ध्यान खुद का अकेले रखो ना।
प्रसारित उपायों का पालन करो नित
नहीं भ्रांति कोई इदय में भरो ना।
सही सूचना दो सभी को डरे बिना
विपद विश्व की आज मिलकर हरो ना।
महामारियाँ प्राण लेती अचानक
बिना जानकारी कभी मत मरो ना।
भलाई इसी में चिकित्सा करो तुम
अगर छू गया हो कहीं से कोरोना।।

नेताल्या साहनी छठी– डी

नव वर्ष

कब तक बैठे मौन रहें अब ,
कब तक कण — कण सिहरेगा।
चलो उठो नई राह दिखी अब ,
नव उजियारा चमकेगा।
ठिठके दृग, ठिठके कदम नहीं अब ,
दृढ़ विश्वास झलकेगा।
आया जो नववर्ष यह है ,
चलो ढूँढने नई आस सब।
यह अँधियारा और नहीं
न हो जीवनधारा पर अंकुश अब ,
और नहीं , बस और नहीं।

सौम्या शर्मा १ छठी – इ



मेरा पन्ना

जीवन क्या है —
यह एक सुहाना सफ़र है
जहाँ सबके पास उड़ने के लिए पर हैं
उड़ते पंछी की प्यास है ये
पुराने लम्हों की मिठास है ये
है यह बहती नदी की तरह
जो आती — जाती पुनः पुनः
चलती जाती है निरंतर
मिल जाती सागर में बहकर
यह हम सबकी सोच है
जिसकी सीमा नहीं है
यह ऊँचे पर्वत की चोटी है
गहरे पानी का मोती है।।

नेताल्या छठी – डी



हिंदी भाषा



प्रकृति की पहली ध्वनि है ऊँ मेरी हिंदी भाषा भी इसी ऊँ की देन है । देवनागरी लिपि है इसकी देवों की कलम से उपजी बांग्ला , गुजराती, भोजपुरी ,डोगरी ,पंजाबी और कई। हिंदी है इन सबकी जननी प्रकृति की हर चीज़ अपने में संपूर्ण है, मेरी हिंदी भाषा भी अपने में संपूर्ण है। जो बोलते हैं वही लिखते हैं, मन के भाव सही उभरते हैं। हिंदी भाषा ही तुम्हें प्रकृति के समीप ले जाती है। मन की शुद्धि , तन की शुद्धि , सहायक यह बन जाती है। कुछ हवा चली ऐसी यहाँ कहते हैं मातृभाषा को बदल डालो। बदल सकते हो क्या अपनी माता को ? मातुभाषा का क्यों बदलाव करो ? देवों की भाषा का क्यों तुम तिरस्कार करो बदल सको तो तुम अपनी सोच को बदल डालो। हर भाषा का तुम दिल से सम्मान करो हिंदी की जडों पर आओ हम गर्व करें, हिंदी भाषा पर आओ हम गर्व करें।

> सिद्धार्थ आर्य सातवीं— ई

शिक्षक (कविता)

बच्चों के भविष्य को, शिक्षक सजाता है। ज्ञान के प्रकाश को, शिक्षक जलाता है। सही-गलत के फ़र्क को, शिक्षक बताता है। शिष्यों को सही शिक्षा. शिक्षक ही दे पाता है। ऊँचे शिखर पर विश्व को. शिक्षक ही चढाता है। बच्चों के भविष्य में, और निखार लाता है। शिष्य को कभी शिक्षक, नहीं ढाल बनाता है। असफल होते जब कार्य में. अफसोस जताता है। शिक्षक ही समाज का, उत्तम ज्ञाता है ।।



पलक भारद्वाज नवीं – अ

पुस्तकालय

पुस्तकालय है मेरा नाम, ज्ञान बाँटना मेरा काम जो भी तुम पढ़ना चाहो , मेरे पास आ जाओ दिव्य दृष्टि तुम पाओगे , सफल सदा कहलाओगे ग्रंथ, काव्य व परिकथाएँ, महापुरुषों की गाथाएँ, असुरलोक या जीव जगत हो, ईश्वर हो या उनके भक्त हो गणित , मराठी व इतिहास विविध पुस्तकें मेरे पास विषय ज्ञान हो , या हो कम्प्यूटर , मैं हूँ सबका मास्टर जान सकूँ सबके मन की बात , बच्चों न होना उदास ।

लेकिषा सातवीं— ई

कटपुतली

में एक छोटी कठपुतली , रोना मुझको आता नहीं । लड्डू पेड़े खाऊँ मजे से , खाना बनाना आता नहीं। लिम्का, पैप्सी पीऊँ मजे से , शरबत बनाना आता नहीं। चनीया— चोली पहनूँ मजे से , कपड़े सीना आता नहीं । में एक छोटी कठपुतली , रोना मुझको आता नहीं ।



पार्थ सेठी सातवीं – अ

हिंदुस्तान

देश हमारा हिंदुस्तान, बोलो क्या इसकी पहचान।

मिल जुलकर हम रहना चाहें , लेकिन धर्म फूट न डाले।

समझ गए हम यह बात, हमको अब कोई दे ना सकता मात।

हम तो हैं भाई — भाई, आपस में नहीं होने देंगे लडाई।

प्रेम प्यार का पाठ पढाएँ, अपने दो की शान बढाएँ



दियान गुप्ता सातवीं – अ

क्या ''हिंदी'' कमजोर है?

हिंदी एक समृद्ध भाषा है जिसे 'हिंदुस्तान की आत्मा' कहा जाता मनोरंजन, हर क्षेत्र में नई आर्थिक दृष्टि को लेकर विकसित हुई है, वह अचानक क्यों कमज़ोर कही जाने लगी, क्यों उसे दीन – है, अपनी दीनता– हीनता के बावजूद हिंदी भाषा विश्व की तीसरी हीन भाषा माना जा रहा है? सच्चाई तो यह है कि कमज़ोर 'हिंदी बड़ी भाषा बन कर उभरी है ,परंत् फिर भी हिंदी को कमज़ोर कहा भाषा' नहीं अपितु उसे बोलने वाले लोग हैं जिन्होंने अपनी ही भाषा जा रहा है, तो निश्चय ही इसके दोषी हिंदी– भाषी ही हैं। कितनी के प्रति गर्व व सम्मान का भाव त्याग दिया है। हिंदी के प्रति उनके विचित्र विडंबना है कि हिंदी एक ऐसी भाषा है जिसकी मांग विदेशों इस व्यवहार के कारण हिंदुस्तान में हिंदी बेगानी— सी लगने लगी में भी है। वह गैर हिंदी भाषियों में प्रचलित है, उसे अंतर्राष्ट्रीय पटल है। बेगाने व्यवहार के बावजूद भी हिंदी आज विश्वव्यापी संचार की पर भी सम्मान की दृष्टि से देखा जा रहा है। जिस भाषा की सक्षम भाषा बनने की दिशा में अग्रसर है। भूमंडलीकरण के इस दौर उत्पादन क्षमता इतनी अधिक है कि वह नित्य नए कीर्तिमान स्थापित में जहाँ कई भाषाएँ अपना अस्तित्व खो चुकी हैं व कई अपने अस्तित्व कर रही है। वह अपने ही देश में अपमानित है, अपने ही देश में जिसे को बचाने के लिए संघर्ष कर रही हैं, वहीं हिंदी भाषा हिंदुस्तान की गौरव प्राप्त नहीं है। यदि आज इक्कीसवीं सदी में और भूमंडलीकरण सीमाओं को लांघ कर संपूर्ण विश्व मानचित्र पर परचम लहराने की के इस दौर में हिंदीभाषी अधिक आत्मविश्वास के साथ उभरें तो वह राह पर संघर्ष कर रही हैं। हिंदी भाषा की आर्थिक क्षमता अधिक विश्व की किसी भी भाषा को पीछे छोड़ने का साहस रखते हैं। है। लचीली प्रवृत्ति होने के कारण हिंदी भाषा की मिश्रण क्षमता भी आवश्यकता है तो केवल आत्म –परिवर्तन की, हिंदी के प्रति सम्मान अधिक है। आज हिंदी जनसंचार, सूचना, प्रौद्योगिकी, तकनीकी, के भाव की, क्योंकि 'कमज़ोर' नहीं है हिंदी' यही सच है।

वंषिका गर्ग दसवीं-ई

सुहानी सर्दी

जब-जब सर्दी आती है,तब तब हमें सताती है, पर गर्मी से चिलचिलाते तन को बह्त भाती है। नवंबर में आती है सर्दी, फरवरी तक रहती है सर्दी, कभी- कभी कडाके की सर्दी बन जाती है बेदर्दी। मोजे, जूते, कंबल,रजाई सभी संदूक से निकाल देती है सर्दी, गज्जक , रेवड़ी और मूँगफली का मजा देती है सर्दी। लोहड़ी पर्व में मौज -मस्ती का माहौल दे जाती है सर्दी, मकर संक्रांति में गंगा स्नान और पतंगबाजी लाती है सर्दी। नाना-नानी, दादा-दादी सभी की हालत पतली करती है सदी, किट-किट दाँत बजाती है सर्दी,पर बच्चों को बहुत लुभाती है सर्दी। वासु अग्रावाल

अगर पेड भी चलते होते

अगर पेड भी चलते होते कितने मजे हमारे होते बांध तने में उसकी रस्सी चाहे जहाँ कहीं ले जाते जहाँ कहीं भी ध्रप सताती उसके नीचे झट सुस्ताते लगती जब भी भूख अचानक तोड़ मधुर फल उसके खाते आता कीचड़ , बाढ़ कहीं तो झट उसके ऊपर चढ़ जाते अगर पेड भी चलते होते।।



वंशिका छठी –ई

छठी – ए

अनमोल वचन

बोल सको तो तुम सच बोलो , झूट कभी तुम मत बोलो । घोल सको तो अमृत घोलो , कड़वाहट तुम मत घोलो । करनी हो तो दीन- दुखी की , सेवा करने का प्रण लो । कमा सको तो पुण्य कमाओ , पाप न हो तुम से एक क्षण। बचा सको तो समय बचाओ , एक मिनट न व्यर्थ करो। निर्धन को रूपये , पैसे मत दो , देकर काम उसे समर्थ करो। दूसरों को मुस्कान दो , तुम मुस्कान मत छीनो । बन सको तो हीरा बनो , कंकड़ पत्थर तुम मत बनो । करना हो तो भूल का पश्चाताप करो , पश्चाताप से कभी मत झिझको , दुख तकलीफें हँसकर झेलो , उन्हें देखकर मत सिसको।।

> मेहल पालीवाल बारहवीं - अ

SANSKRIT

अमृतं-संस्कृतम्

विष्वस्य उपलब्धासु भाशासु संस्कृतभाशा प्राचीनतमा भाशास्ति। भाशेयं अनेकाशां भाशाणां जननी मता। प्राचीनयोः ज्ञानविज्ञानयोः निधिः अस्यां सुरक्षितः। संस्कृतस्य महत्त्वविशये केनापि कथितम् — 'भारतस्म प्रतिश्ठे द्वे संस्कृतं संस्कृतिस्तथा इयं भाशा अतीव वैज्ञानिकी।

कौटिल्यरचितम् अर्थषास्त्रं जगति प्रसिद्धमस्ति। गणितषास्त्रे षून्यस्य प्रतिपादनं सर्वप्रथमम् आर्यभटः अकरोत्। चिकित्साषास्त्रे चरकसु. श्रुतयोः योगदानं विष्वप्रसिद्धम्। संस्कृते यानि अन्यानि षास्त्राणि विद्यन्ते तेशु वास्तुषास्त्रं, रसायनषास्त्रं, खगोलविज्ञानं, ज्योतिशषास्त्रं विमानषास्त्रम् इत्यादीनि उल्लेखनीयानि।

अतः अस्माभिः संस्कृतम् अवष्यमेव पठनीयम्। तने मनुश्यस्य समाजस्य च परिश्कारः भवेत्। उक्तञ्च —

अमृतं संस्कृतं मित्र! सरसं सरलं वचः। भाशास् महनीयं यद् ज्ञानविज्ञानपोशकम्।।

Aanya Bhardwaj, VII-B

संस्कृतदिवसः

1

' आमन्त्रितोल्लासविलासिवर्शः विवृद्धवृद्धौघहशीकहर्शः। विधोतितत्छात्रगुणप्रकर्शः सुपर्वभाशादिवसो□यमार्णः।।

य मनोमुदः कोविदकुम्जराणां तन्यन्त एतेत च निर्जराणाम्। गुणैर्गरिश्ठैरिह भासमानो विराजतां संस्कृतवासरा□यम्।।

उ प्रतिप्रदेषं किल कीर्तिघोशः जनै समुतोल्य मुदा स्वदोशः। गीर्वाणवाणीगुणमौरवाणा माचर्यते संसदि कोविदानाम्।।

पारुल आन्नद, दसवीं 'ड'

आर्यभटः

आर्यभटः भारतीयगणितपरम्परायाः विज्ञानपरम्परायाः च एकः षिखरपुरुशः आसीत्। तस्य जन्म 476 तमे खिस्ताब्दे अभवत्। तेनैव विरचिते आर्यभटीयम् इत्यस्मिन् ग्रन्थे उल्लिखितम्। तेन अयम् ग्रन्थे त्रयोविषतितमे वयसि विरि. चतः। ऐतिहासिकस्त्रोतोभिः ज्ञायते यत् पाटलिपुत्रं निकशा आर्यभटस्य वेधषाला आसीत्। आर्यभटीयग्रन्थे महासङ्ख्या अपि संज्ञारूपेण कथ सङ्ग्रहेण लेखनीयाः इति विशयः, वर्ग — धनमूल — त्रिभुजादिगणिविशयाः कटपयादिसंज्ञाक्रमः, कालविभाग — नक्षत्रगति — भगण — दिनरातयादिविशयाः चापि वितृताः सन्ति। भारतीयज्योतिः षास्त्रे तथैव आर्यभटस्यापि विरोधः अभवत्। आधुनिकैः वैज्ञा. निकैः तस्मिन् तस्य च सिद्धान्ते समादरः प्रकटितः। अस्मादेव कारणाद् अस्माकं प्रथमोग्रहस्य नाम आर्यभट इति कृतम्।

Neel Ahuja, VIII-D

मम मात्रृभूमिः

"जननी जन्मभूमिष्य स्वर्गादिप गरीयसी"। मातृभूमि जन्मतः आरभ्य मृत्युपर्यन्तम् अरमांक रक्षणं पोशणं च करोति। 'माता भूमिः पुत्रो□हं पृथिव्याः' इति वेदवाक्यम् अस्ति। मातृभूमि सर्वैः नरै वन्दनीया भवति। येन—केन—प्रकारेण मातृभूमेः रक्षणं करणीयम्

Ritesh Balhara, VI D

अभ्यास एवं परमो गुरुः

किष्वत् बालः आसीत्। सः बङ्गप्रदेषे एकरिमन् विद्यालये पठति स्म। सः अतीव जिज्ञासुः आसीत्।

परन्तु स पठने कुषलः न आसीत्। सः यत् पठित तत् विस्मरित स्म। सहपाठिनः तस्य उपहासं कुर्वन्ति स्मः। सः चिन्तयित – किम् अहं मूर्खं अस्मि? किं मम् भाग्ये विद्या न अस्ति? परन्तु अहं तु पठितुम् इच्छामि। तदा किं कर्त्तव्यम्? एकदा सः घटस्य अधः एकं गर्तम् अपष्यत्। सः अचिन्तयत्—इमं सुन्दरं गर्तं कः निर्मितवान्? सः मातरम् अपृच्छत् – मातः! अहं कूपे घटस्य अधः एकं गर्तम् अपष्यम्। तं गर्तम् कः निर्मितथान? माता अवदत् – पुत्रः! प्रतिदिनं भूयो भूयः घट–स्थापेन सः गर्तः निर्मितः।

सः बालः विचारमग्नः अभवत्। सः अचिन्तयत् यदि भूयो भूयः घटस्थापेन पाशाणिषलायां गर्तः अभवत् तदा किं पुनः पुनः पठनेन मम मितः तीव्रा न भविश्यति? इति विचार्य सः विद्याभ्यासे संलग्नः अभवत्। सः पुनः पुनः पाठान् अपठपत्। पुनः पुनः पुनः लेखनस्य अपि अभ्यासम् अकरोत्। षनैः षनैः सः बुद्धिमान् अभवत्। सः परीक्षायां विषिश्टं स्थानं प्राप्तवान्। अधुना तस्य सहपाठिनः तस्य उपहासं न कुर्वन्ति स्म अपितु आदरं कुर्वन्ति स्म। सत्यम् एव अस्ति – "अभ्यास एव अस्ति परमो गुरुः।

''पलक खेरा, आठवीं 'ब'

क्रोधी मण्डूकः

पुण्डरीकनामके कूपे एकः क्रोधी मण्डूकः अवसत्। एकास्मिन् दिवसे अन्यैः मण्डूकैः सह तस्य कलहः अभवत्। प्रतिषोधार्थं सः कूपात् बिहः आगच्छत्। सः विशधरेण कृश्णसर्पेण सह पुनः कूपम् आगच्छत्। सर्पः कूपे अवसत्। सः क्रमेण षत्रून् मण्डूकान् अखादत्। यदा सर्वे षत्रवः नश्टाः अभवन्। तदा मण्डूकः सर्प बिहः गन्तुम् अकथयत्। सर्पः अवदत् — अधुना अहं न गच्छामि। तत्पष्चात् सः मण्डूकम् अपि अभक्षयत्। उकतं च —

मूल्यः – क्रोधः स्वस्थैव नाषकः।

ऋद्धि गर्ग, शश्ठी – द

स्वच्छं भारतम्

स्वजीवने स्वच्छता आवष्यकी अस्ति। स्वच्छतायाः अभावे जनानाम् षरीराणि विविधैः रोगैः पीडितानि भवन्ति। नराः मिलनपदार्थान् अविषश्टान् च यत्र—तत्र क्षिदवा परिसरं मिलनं कुर्वन्ति। तेन जन—जीवने षान्तिः नष्यति। स्वगृहस्य, मार्गस्य विद्यालस्य च स्वच्छीकरण् ।म् अस्माकं कर्तव्यम् अस्ति। स्थाने—स्थाने स्वच्छतायाः विषेशरुपेण ध्यानं कुर्वन्तु। स्वच्छतायां स्वास्थयम् ईष्वरः च वसतः। अद्य वयं संकल्पं कुर्मः।

मूल्यः वयं स्वच्छं भारतम् अभियनि पूर्णं सहयोगं करिश्यामः।

ध्रुविका खोसला, सप्तम् 'ब'

आधुनिक जीवनस्य महती आवष्यकता – व्यायामः

अस्मिन् संसारे प्राणिनां मध्ये मानवः एव सर्वश्रेश्ठोस्ति। जीवने सर्वेशां कार्याणाम् सम्पादने षरीरं प्रधानं साधनम् अस्ति। तथा चोक्तम् — 'षरीरमाद्यं खलु धर्मसाधनम्। अतः जीवितुं षरीररक्षा आवष्यकी विद्यते। छात्रोपि स्वस्थ—षरीरं विना किचिंदपि अध्ययनं कर्तुं न षक्तोति।

व्यायामस्य बहवः भेदाः सन्ति । अनुलोग–विलोम–प्राणायामः, अनेक–विद्या–आसन–प्रयोगाः दण्डवत् पतनोत्थानम्, चक्रवद् भ्रमणम्, प्रातः भ्रमण धावनं च सूर्यनमस्कारः इत्यादि तु मुख्याः सन्ति ।

व्यायामेन षरीरं नीरोगं भवति। रक्त-सज्जारष्य, सुश्ठु सज्जायते। व्यायामेन रक्तस्य षुद्धिः, मांसपेषीनां सुघटनं, षरीरस्य स्फूर्तियुक्तता, मस्तिश्कस्य विकासः च भवति। षरीरम् आकर्शकं दृष्यते। छात्र-जीवने तु व्यायामः परमावष्यकः अस्ति। अतः उक्तम् –

लक्षिता यादव – नौवी 'बी'

सिक्किम परियोजना कार्य

सिक्किमराज्ये दषहरा, दीपावली च उत्साहेन मन्येते। अत्र बौद्धाः मुख्यरूपेण निवसन्ति, अतः बौद्धविहाराणां, मठानां पीठानां च बाहु. ल्यम् अस्ति। एते सर्वे भव्याः दर्षनीयाः च। एतेशु प्रमुखाः पेमायंगत्से, ताषीिडंग, फोडोंग, फेन्सांग, रुमटेक, दुकसोम रोलांग च सन्ति। नेपाली—उत्सवाः अपि अत्र अनुपाल्यन्ते। बौद्धधर्मस्य उत्सवेशु द्रुकपेसी—पांग लुबसोल—ल्हाबाब—इयुचेन—लॉसोंग—दासेन च प्रमुखाः सन्ति। एतदितिरिक्तमत्र माघ संक्रान्तिः, रामनवमी, नामसूंग—लोसरोत्सवः, दुर्गापूजा, होलिकोत्सवः, विजयदषमी, दीपोत्सवः, क्रिसमसि. दवसः, नववर्शोत्सवः च प्रमुखतया मान्यन्ते। धन्यवादः

प्रेरणा, कक्षा — 9<u>'बी',</u>

एहि सिक्किमेतिहासं जानीम

सिक्किम—राज्यस्य अस्तित्वं 1642 तमे वर्शे प्रकाषे आगतम्। 'ख्येबुक्सा' इति राजः पंचमवंषजेन फुन्त्सोंगनामग्यालेन अत्र राजतन्त्रस्थ स्थापना कृता सः अत्रत्य प्रथमः चोग्थालः अर्थात् राजा आसीत्। तदनन्तरं तस्य पुत्रेण तेन्सुंग — नामग्यालेन पदभारं गृहीतम्। तेन अस्य राजधानी च थुक्सोमस्थाने 'खदेन्त्से' इति विहिता।

1700 तमे वर्शे सिक्किमस्योपरि भूटानस्य आक्रमणं जातम्। अनेकवारं नेपाल भूटान देषाभ्याम् अत्र आक्रमणं कृतम्। 1817 तमे वर्शे सिक्किम–राज्यस्थ राजा ईस्टइंडियाकम्पन्या सह सन्धिं कृतवान्।

यदनुगुणं सिक्किमस्य सुरक्षा व्यवस्था सुनिष्चिता नेपालाधिकृतं सिक्किमस्य भूभागंच पुनरपि सिक्किमाय प्रत्यर्पितम्। एवः सन्धिः 'तिता. लिया' नाम्ना ज्ञायते तितालिया नामकस्थाने हस्ताक्षरत्वात्। इत्थम् अयं 'प्रोटेक्टोरेट स्टेट' अभवत्।

सिक्किमराज्यं भारतस्य द्वाविंषतितमं राज्यं वर्तते। 16 मई 1975 तमे वर्शे सिक्किमस्य भारतराज्यरूपेण औपचारिक घोशणा जाता। तेन सैहव राजतन्त्रस्य समापनं लोकतन्त्रस्य च आरम्भः जातः।

भानुभक्त आचार्यः

भानुभक्त आचार्यः नेपाली भाशास्य आदिकवि आसीत्। सः बाल्मिकीय रामायणस्य नेपाली भाशा अनुवाद कार्येशु लोकप्रसिद्धः अस्ति। भानुभक्तस्य बहवः ग्रन्थाः श्र्यत्से। प्रसिद्धाः रचनाः — भानुभक्तीय रामायण, वधुषिक्षा च।

हशिता खनिजो X-D

वेदेशु गणितजानः

ऋग्वेदे संख्याः

आ द्वाभ्यां हरिभ्यामिन्द्र याहयाचतुर्भिराशङ्मिर्हूयमातः। आश्टाभिर्दषभिः सोमपेयमयं सुतः सुमच मा मृद्यस्कः।। आ विंषत्या त्रिंषता याह्यविङाचत्वारिंषता हरिभिर्युजानः। आ पंचाषता सुरथेभिरिन्द्रािश्रश्ट्रया सप्तत्या सोमपेयम्।। आषीत्या नवत्या याह्यर्वाङाषतेन हरिमिरूहयमानः। अयं हि ते षुनहोत्रेशु सोम इन्द्र त्वाया परिशिक्तां मदाय।।

यजुर्वेदे संख्याः

अग्निरेकाक्षरेण प्राणमुदजयत्तमुज्जेशमिखनौ द्वयक्षरेण ष्विनौ द्विपदो मनुश्यानुदजयतां तानुज्जेशं — विश्णुस्त्रपक्षेरण त्रीन् लोकानुदजयत्तानुज्येशं सोमष्चतुरक्षरेण चतुश्पदः पषूनुदजयत्तानुज्जेपम्। 19.31 पूशा पंचाक्षरेण पंचिष उदजयत्ता उज्जेशं सविता शङ्क्षरेण शङ्रतूनुदजयत्ता नुज्जेशं मरूतः सप्ताक्षरेण सात — ग्राम्यान् पषूनुदजयँस्ता नुज्जेशं बृहस्पितरश्टाक्षरेण गायत्री मुदजयत्तामुज्जेशम्। 19.32 मित्रो नवाक्षरेण त्रिवृतं स्तोममुदजयत्तमुज्जेशं वरूणो दषाक्षरेण विराजमुदजयत्ता मुज्जेशमिन्द्र एकादषाक्षरेण त्रिश्टुभमुदजयत्ता मुज्जेशं विष्वेदेवा द्वादषक्षरेण जगतीमुदजयत्तामुज्जेशम्। 19.33

षिवी, दसवी—'ड़'

प्रहेलिका

ा वने जातो वने व्यक्ता वने तिश्ठति नित्यषः पण्डयस्त्री न तु सा वेष्या यो जानाति स पण्डितः

य एक चक्षुर्न कोकाडयं बिलमिच्छन्न न पन्नगः क्षीयते वर्धते चैव न समुद्रो न चन्द्रमा

अस्ति कुक्षीषिषे नास्ति बाहु रस्ती निरंगुली। अहता नर भक्षीचा थो जानती सः पण्डितः।।

कृश्णमुखी न मार्जारी दिजिहा न च सर्पिणी। पन्त्रभत्री पान्याली यो जानती सः पण्डितः।।

उत्तर

- 1 ढार्व नौका
- 2 सूचीसम तन्तु
- 3 षर्ट
- 4 कलम

Prashansa Yadav, VIII-C

आधुनिक जीवनस्य महती आवष्यकता – व्यायामः

अस्मिन् संसारे प्राणिनां मध्ये मानवः एव सर्वश्रेश्ठोस्ति। जीवने सर्वेशां कार्याणाम् सम्पादने षरीरं प्रधानं साधनम् अस्ति। तथा चोक्तम् — 'षरीरमाद्यं खलु धर्मसाधनम्। अतः जीवितुं षरीररक्षा आवष्यकी विद्यते। छात्रोपि स्वस्थ—षरीरं विना किचिंदपि अध्ययनं कर्तुं न षक्तोति। व्यायामस्य बहवः भेदाः सन्ति। अनुलोग—विलोम—प्राणायामः, अनेक—विद्या—आसन—प्रयोगाः दण्डवत् पतनोत्थानम्, चक्रवद् भ्रमणम्, प्रातः भ्रमण धावनं च सूर्यनमस्कारः इत्यादि त् मुख्याः सन्ति।

व्यायामेन षरीरं नीरोगं भवति। रक्त-सज्जारष्व, सुश्ठुं सज्जायते। व्यायामेन रक्तस्य षुद्धिः, मांसपेषीनां सुघटनं, षरीरस्य स्फूर्तियुक्तता, मस्तिश्कस्य विकासः च भवति। षरीरम् आकर्शकं दृष्यते। छात्र-जीवने तु व्यायामः परमावष्यकः अस्ति। अतः उक्तम् –

लक्षिता यादव, नौवी 'बी'



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