

# N C JINDAL PUBLIC SCHOOL, PUNJABI BAGH, NEW DELHI

## ANNUAL CURRICULUM (2025-2026)

CLASS - XI	SUBJECT : PSYCHOLOGY	SUBJECT TEACHER (PREPARED BY) : MS. LATIKA GROVER		DESIGNATION: PGT-PSYCHOLOGY	
ACADEMIC BOOK	CHAPTER NAME	CHAPTER TOPIC / SUB TOPIC	START DATE	END DATE	NO. OF PERIODS
PSYCHOLOGY (NCERT)	CHAPTER :1 WHAT IS PSYCHOLOGY?	1. INTRODUCTION	07/04/25	11/04/25	10
		2. WHAT IS PSYCHOLOGY?			
		. PSYCHOLOGY AS A DISCIPLINE			
		. PSYCHOLOGY AS A NATURAL SCIENCE	11/04/25	19/04/25	
		. PSYCHOLOGY AS A SOCIAL SCIENCE			
		3. UNDERSTANDING MIND & BEHAVIOUR			
		4. POPULAR NOTIONS ABOUT THE DISCIPLINE OF PSYCHOLOGY	21/04/25	24/04/25	
		5. EVOLUTION OF PSYCHOLOGY			
		6. DEVELOPMENT OF PSYCHOLOGY IN INDIA			
		7. BRANCHES OF PSYCHOLOGY	25/04/25	30/04/25	
		8. PSYCHOLOGY AND OTHER DISCIPLINES			
		9. PSYCHOLOGY IN EVERYDAY LIFE			
PSYCHOLOGY (NCERT)	CHAPTER : 2 METHODS OF ENQUIRY IN PSYCHOLOGY	1. INTRODUCTION	01/05/25	05/05/25	32
		2. GOALS OF PSYCHOLOGICAL ENQUIRY			
		. STEPS IN CONDUCTING SCIENTIFIC RESEARCH			
		. ALTERNATIVE PARADIGMS OF RESEARCH			
		3. NATURE OF PSYCHOLOGICAL DATA	06/05/25	16/05/25	
		4. SOME IMPORTANT METHODS IN PSYCHOLOGY			
		. OBSERVATIONAL METHOD			
		. EXPERIMENTAL METHOD			
		. CORRELATIONAL RESEARCH	01/07/25	10/07/25	
		. SURVEY RESEARCH			
		. PSYCHOLOGICAL TESTING			

		. CASE STUDY	11/07/25	18/07/25		
		5. ANALYSIS OF DATA				
		. QUANTITTATIVE METHOD	19/07/25	24/07/25		
		. QUALITATIVE METHOD				
		6. LIMITATIONS OF PSYCHOLOGICAL ENQUIRY	28/07/25	31/07/25		
		7. ETHICAL ISSUES				
PSYCHOLOGY (NCERT)	CHAPTER:3  HUMAN DEVELOPMENT	1. INTRODUCTION	01/08/25	06/08/25	26	
		2. MEANING OF DEVELOPMENT				
		. LIFE-SPAN PERSPECTIVE ON DEVELOPMENT				
		3. FACTORS INFLUENCING DEVELOPMENT	07/08/25	12/08/25		
		4. CONTEXT OF DEVELOPMENT	13/08/25	14/08/25		
		5. OVERVIEW OF DEVELOPMENT STAGES				
		. PRENATAL STAGE	18/08/25	22/08/25		
		. INFANCY				
		. CHILDHOOD				
		. CHALLENGES OF ADOLESCENCE	25/08/25	29/08/25		
		. ADULTHOOD AND OLD AGE				
		PSYCHOLOGY (NCERT)	CHAPTER : 4  SENSORY, ATTENTIONAL & PERCEPTUAL PROCESSES	1. INTRODUCTION		01/09/25
2. KNOWING THE WORLD						
3. NATURE & VARIETIES OF STIMULUS						
4. SENSE MODALITIES	06/09/25			11/09/25		
. FUNCTIONAL LIMITATION OF SENSE ORGANS						
5. ATTENTIONAL PROCESSES						
. SELECTIVE ATTENTION	03/10/25			9/10/25		
. SUSTAINED ATTENTION						
6. PERCEPTUAL PROCESSES	13/10/25			15/10/25		
. PROCESSING APPROACHES IN PERCEPTION						
7. THE PERCIEVER						
8. PRINCIPLES OF PERCEPTUAL ORGANISATION						

		9. PERCEPTION OF SPACE, DEPTH & DISTANCE	16/10/25	17/10/25	
		. MONOCULAR CUES & BINOCULAR CUES			
		10. PERCEPTUAL CONSTANCES	24/10/25	31/10/25	
		11. ILLUSIONS			
		12. SOCIO-CULTURAL INFLUENCES ON PERCEPTION			
PSYCHOLOGY (NCERT)	CHAPTER : 5 LEARNING	1. INTRODUCTION	03/11/25	04/11/25	20
		2. NATURE OF LEARNING			
		3. PARADIGMS OF LEARNING			
		4. CLASSICAL CONDITIONING			
		. DETERMINANTS OF CLASSICAL CONDITIONING			
		5. OPERANT/ INSTRUMENTAL CONDITIONING	17/11/25	21/11/25	
		. DETERMINANTS OF OPERANT CONDITIONING			
		. KEY LEARNING PROCESSES			
		6. OBSERVATIONAL LEARNING			
		7. COGNITIVE LEARNING			
		8. VERBAL LEARNING			
		9. SKILL LEARNING	24/11/25	28/11/25	
		10. FACTORS FACILITATING LEARNING			
		11. LEARNING DISABILITIES			
PSYCHOLOGY (NCERT)	CHAPTER : 6 HUMAN MEMORY	1. INTRODUCTION	01/12/25	05/12/25	19
		2. NATURE OF MEMORY			
		3. INFORMATION PROCESSING APPROACH: THE STAGE MODEL	09/12/25	11/12/25	
		4. MEMORY SYSTEMS: SENSORY, SHORT-TERM & LONGTERM MEMORIES			
		5. LEVELS OF PROCESSING	16/12/25	20/12/25	
		6. TYPES OF LONG TERM MEMORY			
		. DECLARATIVE & PROCEDURAL: EPISODIC & SEMANTIC	22/12/25	24/12/25	
		7. NATURE AND CAUSES OF FORGETTING			
		. FORGETTING DUE TO TRACE DECAY, INTERFERENCE & RETRIEVAL FAILURE	24/12/25	26/12/25	
		8. ENHANCING MEMORY			

		. MNEMONICS USING IMAGES AND ORGANISATION			
PSYCHOLOGY (NCERT)	CHAPTER : 7 THINKING	1. INTRODUCTION	16/01/25	17/01/25	14
		2. NATURE OF THINKING			
		. BUILDING BLOCKS OF THOUGHTS			
		3. THE PROCESSES OF THINKING	19/01/25	23/01/25	
		4. PROBLEM SOLVING			
		5. REASONING			
		6. DECISION MAKING			
		7. NATURE AND PROCESS OF CREATIVE THINKING			
		. NATURE OF CREATIVE THINKING	27/01/25	30/01/25	
		. PROCESS OF CREATIVE THINKING			
		8. THOUGHTS AND LANGUAGE			
		9. DEVELOPMENT OF LANGUAGE ANND LANGUAGE USE			
PSYCHOLOGY (NCERT)	CHAPTER : 8 MOTIVATION & EMOTION	1. INTRODUCTION	02/02/26	07/02/26	14
		2. NATURE OF MOTIVATION			
		3. TYPES OF MOTIVATION			
		. BIOLOGICAL MOTIVES			
		. PSYCHOLOGICAL MOTIVES			
		4. MASLOW'S HIERARCHY OF NEEDS	09/02/26	13/02/26	
		5. NATURE OF EMOTIONS			
		6. EXPRESSION OF EMOTIONS			
		. CULTURE AND EMOTIONAL EXPRESSION			
		. CULTURE AND EMOTIONAL LABELLING			
		7. MANAGING NEGATIVE EMOTIONS			
		8. ENHANCING POSITIVE EMOTIONS			
		Revision for Annual Exams	16/02/26	20/02/26	05

**PREPARED BY: MS LATIKA GROVER**  
**SUBJECT COORDINATOR: MRS BHARTI PUSHKARNA**

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## PERIODIC TEST/ HALF YEARLY/ ANNUAL EXAM

### CURRICULUM WITH MARKING SCHEME : 2025-2026

CLASS - XI		SUBJECT : PSYCHOLOGY 037	
S.NO.	PT/HALF YEARLY/ ANNUAL	CHAPTER / TOPIC	MAX MARKS
1	PT 1	CHAPTER :1 WHAT IS PSYCHOLOGY?	9
		CHAPTER : 2 METHODS OF PSYCHOLOGY	11
		<b>TOTAL</b>	<b>20</b>
2	HALF YEARLY	CHAPTER :1 WHAT IS PSYCHOLOGY?	17
		CHAPTER : 2 METHODS OF PSYCHOLOGY	20
		CHAPTER : 3 HUMAN DEVELOPMENT	18
		CHAPTER : 4 SENSORY, ATTENTIONAL AND PERCEPTUAL PROCESSES	15
		<b>TOTAL (THEORY + PROJECT/PRACTICAL)</b>	<b>70 + 30</b>
3	PT 2	CHAPTER 5 : LEARNING	11
		CHAPTER 6 : MEMORY	9
		<b>TOTAL</b>	<b>20</b>
4	ANNUAL EXAMINATION	CHAPTER 1 : WHAT IS PSYCHOLOGY?	11
		CHAPTER 2 : METHODS OF PSYCHOLOGY	13
		CHAPTER 3 : HUMAN DEVELOPMENT	11
		CHAPTER 4 : SENSORY, ATTENTIONAL AND PERCEPTUAL PROCESSES	8
		CHAPTER 5 : LEARNING	9
		CHAPTER 6 : MEMORY	8
		CHAPTER 7 : THINKING	5
		CHAPTER 8 : MOTIVATION & EMOTION	5
		<b>TOTAL (THEORY + PROJECT/PRACTICAL)</b>	<b>70 + 30</b>