

N.C. JINDAL PUBLIC SCHOOL						
PUNJABI BAGH, NEW DELHI						
ANNUAL CURRICULUM (2022-2023)						
Class : <u> XI </u>	Subject: Psychology	(Prepared By): Dr Shikha Miglani Sharma , Ms. Aarti Sachdeva			Designation : PGT School	
Academic Book	Chapter Name	Chapter Topic / Sub Topic	Term I/II	Start Date	End Date	No. of Periods
Psychology (NCERT)	Chapter 1 : What is Psychology?	1. Introduction 2. What is Psychology? • Psychology as a Discipline • Psychology as a Natural Science • Psychology as a Social Science 3. Understanding Mind and Behaviour 4. Popular Notions about the Discipline of Psychology 5. Evolution of Psychology 6. Development of Psychology in India 7. Branches of Psychology 8. Psychology and Other Disciplines 9. Psychology in Everyday Life	Term I	1.07.22 11.07.22 18.07.22 25.07.22	8.07.22 16.07.22 23.07.22 20.07.22	27
Psychology (NCERT)	CHAPTER 2 : Methods of Enquiry in Psychology	1. Introduction 2. Goals of Psychological Enquiry • Steps in Conducting Scientific Research 32 Periods • Alternative Paradigms of Research 3. Nature of Psychological Data 4. Some Important Methods in Psychology • Observational Method • Experimental Method • Correlational Research • Survey Research • Psychological Testing • Case Study 5. Analysis of Data • Quantitative Method • Qualitative Method 6. Limitations of Psychological Enquiry 7. Ethical Issues	Term I	1.08.22 6.08.22 17.08.22 24.08.22	5.08.22 16.08.22 23.08.22 30.08.22	32

Psychology (NCERT)	Chapter 9: Motivation and Emotion	1. Introduction 2. Nature of Motivation 3. Types of Motives <ul style="list-style-type: none"> • Biological Motives • Psychosocial Motives 4. Maslow's Hierarchy of Needs 5. Nature of Emotions 6. Expression of Emotions <ul style="list-style-type: none"> • Culture and Emotional Expression • Culture and Emotional Labelling 7. Managing Negative Emotions 8. Enhancing Positive Emotions	Term I	1.09.22 7.09.22	6.09.22 15.09.22	14	
Psychology (NCERT)	Chapter 4 :Human Development	1. Introduction 2. Meaning of Development <ul style="list-style-type: none"> • Life-Span Perspective on Development 3. Factors Influencing Development 4. Context of Development 5. Overview of Developmental Stages <ul style="list-style-type: none"> • Prenatal Stage • Infancy • Childhood • Challenges of Adolescence • Adulthood and Old Age 	Term II	6.10.22 14.10.22 20.10.22 1.11.22	13.10.22 19.10.22 29.10.22 5.11.22	26	
Psychology (NCERT)	Chapter 5 :Sensory, Attentional and Perceptual Processes	2. Knowing the world 3. Nature and varieties of Stimulus 4. Sense Modalities <ul style="list-style-type: none"> • Functional limitation of sense organs 5. Attentional Processes <ul style="list-style-type: none"> • Selective Attention • Sustained Attention 18 Periods 6. Perceptual Processes <ul style="list-style-type: none"> • Processing Approaches in Perception 7. The Perceiver 8. Principles of Perceptual Organisation	Term II	7.11.22 15.11.22 21.11.22	14.11.22 19.11.22 25.11.22	18	

Psychology (NCERT)	Chapter 6 :Learning	2. Nature of Learning 3. Paradigms of Learning 4. Classical Conditioning <ul style="list-style-type: none"> • Determinants of Classical Conditioning 5. Operant/Instrumental Conditioning <ul style="list-style-type: none"> • Determinants of Operant Conditioning <ul style="list-style-type: none"> • Key Learning Processes 6. Observational Learning 7. Cognitive Learning 8. Verbal Learning 9. Skill Learning 10.Factors Facilitating Learning	Term II	28.11.22 5.12.22 13.12.22	2.12.22 12.12.22 17.12.22	18
Psychology (NCERT)	Chapter 7 :Human Memory	2. Nature of memory 3. Information Processing Approach : The Stage Model 4. Memory Systems : Sensory, Short-term and Longterm Memories 5. Levels of Processing 6. Types of Long-term Memory <ul style="list-style-type: none"> • Declarative and Procedural; Episodic and Semantic 7. Nature and Causes of Forgetting 19 Periods <ul style="list-style-type: none"> • Forgetting due to Trace Decay, Interference 	Term II	19.12.22 26.12.22 16.01.23	23.12.22 31.12.22 21.01.23	19
Psychology (NCERT)	Chapter 8: Thinking	1. Introduction 2. Nature of Thinking <ul style="list-style-type: none"> • Building Blocks of Thought 3. The Processes of Thinking 4. Problem Solving 5. Reasoning 6. Decision-making 7. Nature and Process of Creative Thinking <ul style="list-style-type: none"> • Nature of Creative Thinking • Process of Creative Thinking 8. Thought and Language 9. Development of Language and Language Use	Term II	23.01.22 31.1.22	27.01.22 5.02.23	14

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PUNJABI BAGH, NEW DELHI			
Periodic Test/Half Yearly/Annual Marking Scheme : 2022-2023			
Class :	XI	Subject :Psychology	Max. Marks
S.No.	PT/Half Yearly/Pre Board	Chapter / Topic	20
1	PT-1	Chapter- 1 What is Psychology?	10
		Chapter -2 Methods of Enquiry in Psychology	10
2	Half Yearly		70
		Chapter- 1 What is Psychology?	22
		Chapter -2 Methods of Enquiry in Psychology	28
		Chapter 9- Motivation and Emotion	14
3	PT-2		20
		Chapter- 4 Human Development	12
		Chapter 5 Sensory, Attentional and Perceptual Processes	8
3	Annual		70
		Chapter- 1 What is Psychology?	11
		Chapter -2 Methods of Enquiry in Psychology	13
		Chapter- 4 Human Development	11

		Chapter 5 Sensory, Attentional and Perceptual Processes	8
		Chapter -6 Learning	9
		Chapter-7 Human Memory	8
		Chapter-8 Thinking	5
		Chapter 9- Motivation and Emotion	5

Prepared by Name :Dr Shikha Miglani Sharma

Subject Coordinator Name : Ms . Bhart Pushkarna

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