

| N.C. JINDAL PUBLIC SCHOOL | | | | | |
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| PUNJABI BAGH, NEW DELHI | | | | | |
| ANNUAL CURRICULUM (2022-2023) | | | | | |
| Class :VIII | Subject: HOME SKILLS | (Prepared By): MEENAKSHI AROR | Designation : __TGT__ | | |
| ACTIVITIES | Chapter Topic / Sub Topic | Term I/II | Start Date | End Date | No. of Periods |
| ACTIVITY 1 | Introduction of homskills | Term I | 1/4/2022 | 2/4/2022 | 2 |
| ACTIVITY 2 | Rules of homeSkill lab | Term I | 4/4/2022 | 8/4/2022 | 2 |
| ACTIVITY 3 | Introduction of cookery terms | Term I | 11/4/2022 | 16/4/2022 | 2 |
| ACTIVITY 4 | Introduction of cookery terms (contd.) | Term I | 18/4/2022 | 22/4/2022 | 2 |
| ACTIVITY 5 | Menu card designing | Term I | 25/4/2022 | 30/4/2022 | 2 |
| ACTIVITY 6 | Napkin Folding methods | Term I | 2/5/2022 | 6/5/2022 | 2 |
| ACTIVITY 7 | Napkin Folding methods (Contd) | Term I | 9/5/2022 | 14/5/2022 | 2 |
| ACTIVITY 8 | Book mark designing | Term I | 1/7/2022 | 2/7/2022 | 2 |
| ACTIVITY 9 | Mocktail Umbrella making | Term I | 4/7/2022 | 8/7/2022 | 2 |
| ACTIVITY 10 | Formal table set up | Term I | 11/7/2022 | 16/7/2022 | 2 |
| ACTIVITY 11 | Block painting using vegetables | Term I | 18/7/2022 | 21/7/2022 | 2 |
| ACTIVITY 12 | Block painting using vegetables (contd.) | Term I | 25/7/2022 | 29/7/2022 | 2 |
| ACTIVITY 13 | Back stitch | Term I | 1/8/2022 | 6/8/2022 | 2 |
| ACTIVITY 14 | Pattern on hanky using back stitch | Term I | 8/8/2022 | 12/8/2022 | 2 |
| ACTIVITY 15 | Preparation of fruit salad | Term I | 16/8/2022 | 20/8/2022 | 2 |
| ACTIVITY 16 | Preparation of Chickbeans Salad | Term I | 22/8/2022 | 26/8/2022 | 2 |
| ACTIVITY 17 | Different types of Vegetable salad | Term I | 29/8/2022 | 2/9/2022 | 2 |
| ACTIVITY 18 | Different types of Vegetable salad (contd.) | Term I | 5/9/2022 | 9/9/2022 | 2 |
| ACTIVITY 19 | Preparation of Chocolate shake | Term I | 12/9/2022 | 15/9/2022 | 2 |
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Prepared by Name MEENAKSHI ARORA

Subject Coordinator Name : MRS. BHARTI PUSHKARNA

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| ACTIVITIES | Chapter Topic / Sub Topic | Term I/II | Start Date | End Date | No. of Periods |
| ACTIVITY 1 | Understanding definitions of food,health ,disease | Term II | 6/10/2022 | 7/10/2022 | 2 |
| ACTIVITY 2 | Understanding nutrients,nutrition | Term II | 11/10/2022 | 15/10/2022 | 2 |
| ACTIVITY 3 | Nutrition pyramid | Term II | 17/10/2022 | 21/10/2022 | 2 |
| ACTIVITY 4 | Cross stitch | Term II | 27/10/2022 | 28/10/2022 | 2 |
| ACTIVITY 5 | Pattern on hanky using cross stitch | Term II | 31/10/2022 | 4/11/2022 | 2 |
| ACTIVITY 6 | Preparation of Oreo shake | Term II | 7/11/2022 | 11/11/2022 | 2 |
| ACTIVITY 7 | Preparation of jeera lassi | Term II | 14/11/2022 | 19/11/2022 | 2 |
| ACTIVITY 8 | Running stitch | Term II | 21/11/2022 | 25/11/2022 | 2 |
| ACTIVITY 9 | Pattern on hanky using running stitch | Term II | 28/11/2022 | 2/12/2022 | 2 |
| ACTIVITY 10 | Painting of tray covers using 2 colours | Term II | 5/12/2022 | 7/12/2022 | 2 |
| ACTIVITY 11 | Preparation of grilled sandwich | Term II | 12/12/2022 | 17/12/2022 | 2 |
| ACTIVITY 12 | Preparation of Vegetable sandwich | Term II | 19/12/2022 | 23/12/2022 | 2 |
| ACTIVITY 13 | Preparation of pinwheel sandwich | Term II | 26/12/2022 | 31/12/2022 | 2 |
| ACTIVITY 14 | Fabric painting on pillow cover | Term II | 16/1/2023 | 21/1/2023 | 2 |
| ACTIVITY 15 | Wall decoration pieces | Term II | 23/1/2023 | 27/1/2023 | 2 |
| ACTIVITY 16 | Paper flowers making | Term II | 30/1/2023 | 3/2/2023 | 2 |
| ACTIVITY 17 | Paper flowers making (contd.) | Term II | 6/2/2023 | 10/2/2023 | 2 |
| ACTIVITY 18 | Preparation of banana smootie | Term II | 13/2/2023 | 17/2/2023 | 2 |
| ACTIVITY 19 | Preparation of mango smootie | Term II | 20/2/2023 | 24/2/2023 | 2 |

Prepared by Name __MEENAKSHI ARORA__

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