

N.C. JINDAL PUBLIC SCHOOL**PUNJABI BAGH, NEW DELHI****Periodic Test/Half Yearly/Annual Exam Curriculum with Marking Scheme : 2024-2025**

Class :	XII	Subject : HOME SCIENCE	
S.No.	PT/Half Yearly/Annual	Chapter / Topic	Max. Marks
1	PERIODIC TEST 1	Work, livelihood and Career	10
		CLINICAL NUTRITION	10
		TOTAL MARKS	20
2	PERIODIC TEST 2	Public nutrition and Health	10
		Food processing and technology	10
			20
3	PERIODIC TEST 3	Food quality and food safety	10
		Early childhood care and education	10
		Management of support services	10
		Design for fabric and apparel	10
		TOTAL MARKS	40
3			
4	PREBOARD I & II	work, livelihood and career	5
		Clinical nutrition	6
		Public nutrition and Health	5
		Food processing and technology	6
		Food quality and safety	6
		Early childhood care and education	4
		Management of support services	6
		Design for fabric and apparel	6
		Fashion design and merchandising	6
		Care and Maintenance of fabrics in institutions	5
		Hospitality Management	5
		Consumer education and Protection	5
		Development communication and journalism	5
		TOTAL	70 MARKS

N.C. JINDAL PUBLIC SCHOOL

PUNJABI BAGH, NEW DELHI

ANNUAL CURRICULUM (2023-2024)

Class : _____		Subject: _____		Subject Teacher (Prepared By): <u> BHARTI PUSHKARNA</u>		Designation : PGT _____	
Academic Book	Chapter Name	Chapter Topic / Sub Topic	Term I/II	Start Date	End Date	No. of Periods	
Human Ecology and Family	Work, livelihood and Career	Work and meaningful work	I	3/21/2024	28.03.2024	4	
Sciences PART I&II		job, livelihood and career	I	1.4.2024			
		Traditional occupations in India, Agriculture	I	3.04.2024	6.04.2024	1	
		Handicrafts, Indian cuisines, Visual arts	I				
		work, age and gender, gender issues in relation to work	I	8.04.2024	8.04.2024	2	
		issues related women and work	I			1	
		KGBV, BBBP	I				
		Attitudes and Approaches to work	I	9.04.2024	9.04.2024	4	
		life skills, essential soft skills, ergonomics	I				
		Benefits of ergonomics, Entrepreneurship	I	10.4.2024	12.4.2024	4	
2	Clinical Nutrition and Dietetics	Introduction, nutrition and clinical nutrition	I	16.04.2024	18.4.2024	3	
		significance, basic concepts	I	21.4.2024	21.4.2024	2	
		diet therapy, types of diet- regular diet and	I	22.04.2024	23.04.2024	2	
		modified diet	I				
		changes in consistency	I	24.04.2024	25.04.2024	6	
		feeding routes, prevention of chronic diseases	I				
		preparation of career, scope	I				

3	Public Nutrition and health	Nutrition problems of India,PEM,Micronutrient deficiency, IDA,VAD,IDD	I	26.04.2024	28.4.2024	6
		Strategies to tackle nutrition problems	I			
		Diet or food based strategies therapy	I	1.05.2024	10.5.2024	4
		Nutrition based strategies	I			
		Nutrition programmesoperating in India	I	13.05.2024	17.05.2024	6
		ICDS,NDCP.SP and FSP	I			
4	Food Processing and Technology	Basic concepts, Food science, food processing, Food technology,	I	1.7.2024	4.7.2024	4
		food manufacturing, development of food processing and technology	I	5.7.2024	7.7.2024	4
		Importance of food processing and Preservation	I	12.7.2024	17.7.2024	6
		classification of food on the basis of extent and type of food processing	I			
		preparing for a career and scope	I			
5	Food quality and foodsafety	Introduction, significance, basic concepts	I	18.7.2024	23.7.2024	5
		food safety, toxicity and hazard	I			
		food infection, food poisoning,food quality	I			
		Food standards Regulation in India	I	24.7.2024	25.7.2024	4
		FSSAI 2006, International organisations and agreement	I			
		CAC, ISO, WTO, GMP,GHP, HACCP	I			
		codex Alimentarius Commission	I	26.7.2024	29.7.2024	5

		International standardization organisation	I			
		Scope	I			
6	Early childhood care and education	significance, basic concepts, career and a scope	I	31.7.2024	4.8.2024	6
7	Management of support services, institutions, programmes	Why are children vulnerable	I	5.8.2024	11.8.2024	6
	for children, youth and elderly	Institutions, programmes and initiatives for children	I			
		ICDS, SOSchildrens village, Childrens Home	I			
		run by the govt., Adoption	I			
		Why are youth vulnerable, youth programmes	I	14.8.2024	18.8.2024	6
		in India. Why elderly are vulnerable,	I			
		elderly programmes in India	I	21.8.2024	22.8.2024	3
8	Fabric and Apparel	Basic concepts, design, structural, applied,	I	23.8.2024	4.9.2024	2
		elements of design	I			
		principles of design	I	4.9.2024	8.9.2024	6
		preparing for a career and scope	I			
9	Fashion design and Merchandising	Introduction, significance, basic concepts	II	11.9.2024	25.9.2024	6
		fashion development, fashion merchandising	II			
		Fashion the center of fashion, fashion evolution	II	26.9.2024	1.10.2024	6
		fashion retail organisation	II			
		preparing for a career and scope	II			
10	Care and Maintenance of	basic concepts- washing equipments, drying equipments, ironing and pressing	II	7.10.2024	9.10.2024	5
	fabrics in institutions	institutions, career and scope	II	14.10.2024	56.10.2024	4
11	Hospitality Mgt	Introduction, significance, basic concepts	II	16.10.2024	20.10.2024	5

		departments involved in hospitality mgt	II			
		Scope	II			
12	Consumer education and	consumer products, consumer behaviour	II	19.10.2024	3.11.2024	4
	Protection	consumer forum, consumer footfalls	II			
		consumer problems and rights	II	22.10.2024	24.10.2024	5
		standardized marks	II			
		protection councils	II			
		consumer responsibilities, scope	II			
13	Development communication	development journalism, development communication	II	25.10,2024	26.10.2024	4
	and Journalism	methods of communication, campaign, print media	II			
		knowledge and skills	II			
	Prepared by-	BHARTI PUSHKARNA				