

N C JINDAL PUBLIC SCHOOL, PUNJABI BAGH, NEW DELHI

ANNUAL CURRICULUM (2024-2025)

CLASS - XI	SUBJECT : PSYCHOLOGY	SUBJECT TEACHER (PREPARED BY) : MS. GURPRIYA TANEJA			DESIGNATION: PGT-PSYCHOLOGY		
ACADEMIC BOOK	CHAPTER NAME	CHAPTER TOPIC / SUB TOPIC	TERM	START DATE	END DATE	NO. OF PERIODS	
PSYCHOLOGY (NCERT)	CHAPTER :1 WHAT IS PSYCHOLOGY?	1. INTRODUCTION	TERM 1	1/07/2024 8/07/2024 15/07/2024	6/07/2024 12/07/2024 16/07/2024	27	
		2. WHAT IS PSYCHOLOGY?					
		. PSYCHOLOGY AS A DISCIPLINE					
		. PSYCHOLOGY AS A NATURAL SCIENCE					
		. PSYCHOLOGY AS A SOCIAL SCIENCE					
		3. UNDERSTANDING MIND & BEHAVIOUR					
		4. POPULAR NOTIONS ABOUT THE DISCIPLINE OF PSYCHOLOGY					
		5. EVOLUTION OF PSYCHOLOGY					
		6. DEVELOPMENT OF PSYCHOLOGY IN INDIA					
		7. BRANCHES OF PSYCHOLOGY					
PSYCHOLOGY (NCERT)	CHAPTER : 2 METHODS OF ENQUIRY IN PSYCHOLOGY	1. INTRODUCTION	TERM 1	16/07/2024 22/07/2024 29/07/2024	20/07/2024 26/07/2024 3/08/2024	32	
		2. GOALS OF PSYCHOLOGICAL ENQUIRY					
		. STEPS IN CONDUCTING SCIENTIFIC RESEARCH					
		. ALTERNATIVE PARADIGMS OF RESEARCH					
		3. NATURE OF PSYCHOLOGICAL DATA					
		4. SOME IMPORTANT METHODS IN PSYCHOLOGY					
		. OBSERVATIONAL METHOD					
		. EXPERIMENTAL METHOD					
		. CORRELATIONAL RESEARCH					
		. SURVEY RESEARCH					
. PSYCHOLOGICAL TESTING							

		<ul style="list-style-type: none"> . CASE STUDY 5. ANALYSIS OF DATA . QUANTITATIVE METHOD . QUALITATIVE METHOD 6. LIMITATIONS OF PSYCHOLOGICAL ENQUIRY 7. ETHICAL ISSUES 				
PSYCHOLOGY (NCERT)	CHAPTER : 4 HUMAN DEVELOPMENT	<ul style="list-style-type: none"> 1. INTRODUCTION 2. MEANING OF DEVELOPMENT . LIFE-SPAN PERSPECTIVE ON DEVELOPMENT 3. FACTORS INFLUENCING DEVELOPMENT 4. CONTEXT OF DEVELOPMENT 5. OVERVIEW OF DEVELOPMENT STAGES . PRENATAL STAGE . INFANCY . CHILDHOOD . CHALLENGES OF ADOLESCENCE . ADULTHOOD AND OLD AGE 	TERM 1	5/08/2024 12/08/2024 20/08/2024 27/08/2024	9/08/2024 17/08/2024 23/08/2024 29/08/2024	26
PSYCHOLOGY (NCERT)	CHAPTER : 5 SENSORY, ATTENTIONAL & PERCEPTUAL PROCESSES	<ul style="list-style-type: none"> 1. INTRODUCTION 2. KNOWING THE WORLD 3. NATURE & VARIETIES OF STIMULUS 4. SENSE MODALITIES . FUNCTIONAL LIMITATION OF SENSE ORGANS 5. ATTENTIONAL PROCESSES . SELECTIVE ATTENTION . SUSTAINED ATTENTION 6. PERCEPTUAL PROCESSES . PROCESSING APPROACHES IN PERCEPTION 7. THE PERCIEVER 8. PRINCIPLES OF PERCEPTUAL ORGANISATION 	TERM 1	30/08/2024 2/09/2024 9/09/2024	31/08/2024 6/09/2024 11/09/2024	18

		9. PERCEPTION OF SPACE, DEPTH & DISTANCE . MONOCULAR CUES & BINOCULAR CUES				
		10. PERCEPTUAL CONSTANCES				
		11. ILLUSIONS				
		12. SOCIO-CULTURAL INFLUENCES ON PERCEPTION				
PSYCHOLOGY (NCERT)	CHAPTER : 6 LEARNING	1. INTRODUCTION	TERM II	30/09/2024 7/10/2024 14/10/2024	5/10/2024 9/10/2024 19/10/2024	20
		2. NATURE OF LEARNING				
		3. PARADIGMS OF LEARNING				
		4. CLASSICAL CONDITIONING . DETERMINANTS OF CLASSICAL CONDITIONING				
		5. OPERANT/ INSTRUMENTAL CONDITIONING . DETERMINANTS OF OPERANT CONDITIONING				
		. KEY LEARNING PROCESSES				
		6. OBSERVATIONAL LEARNING				
		7. COGNITIVE LEARNING				
		8. VERBAL LEARNING				
		9. SKILL LEARNING				
		10. FACTORS FACILITATING LEARNING				
		11. LEARNING DISABILITIES				
		PSYCHOLOGY (NCERT)				
2. NATURE OF MEMORY						
3. INFORMATION PROCESSING APPROACH: THE STAGE MODEL						
4. MEMORY SYSTEMS : SENSORY, SHORT-TERM & LONGTERM MEMORIES						
5. LEVELS OF PROCESSING						
6. TYPES OF LONG TERM MEMORY . DECLARATIVE & PROCEDURAL: EPISODIC & SEMANTIC						
7. NATURE AND CAUSES OF FORGETTING . FORGETTING DUE TO TRACE DECAY, INTERFERENCE & RETRIEVAL FAILURE						
8. ENHANCING MEMORY						

		. MNEMONICS USING IMAGES AND ORGANISATION				
PSYCHOLOGY (NCERT)	CHAPTER : 8 THINKING	1. INTRODUCTION	TERM II	18/11/2024 25/11/2024 2/12/2024	22/11/2024 30/11/2024 7/12/2024	14
		2. NATURE OF THINKING				
		. BUILDING BLOCKS OF THOUGHTS				
		3. THE PROCESSES OF THINKING				
		4. PROBLEM SOLVING				
		5. REASONING				
		6. DECISION MAKING				
		7. NATURE AND PROCESS OF CREATIVE THINKING				
		. NATURE OF CREATIVE THINKING				
		. PROCESS OF CREATIVE THINKING				
		8. THOUGHTS AND LANGUAGE				
		9. DEVELOPMENT OF LANGUAGE ANND LANGUAGE USE				
PSYCHOLOGY (NCERT)	CHAPTER : 9 MOTIVATION & EMOTION	1. INTRODUCTION	TERM II	9/12/2024 16/12/2024 18/12/2024 23/12/2024	13/12/2024 21/12/2024 20/12/2024 27/12/2024	14
		2. NATURE OF MOTIVATION				
		3. TYPES OF MOTIVATION				
		. BIOLOGICAL MOTIVES				
		. PSYCHOLOGICAL MOTIVES				
		4. MASLOW'S HIERARCHY OF NEEDS				
		5. NATURE OF EMOTIONS				
		6. EXPRESSION OF EMOTIONS				
		. CULTURE AND EMOTIONAL EXPRESSION				
		. CULTURE AND EMOTIONAL LABELLING				
		7. MANAGING NEGATIVE EMOTIONS				
		8. ENHANCING POSITIVE EMOTIONS				

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**PERIODIC TEST/ HALF YEARLY/ ANNUAL EXAM
CURRICULUM WITH MARKING SCHEME : 2024-2025**

CLASS - XI

SUBJECT : PSYCHOLOGY 037

S.NO.	PT/HALF YEARLY/ ANNUAL	CHAPTER / TOPIC	MAX MARKS
1	PT 1	CHAPTER :1 WHAT IS PSYCHOLOGY?	9
		CHAPTER : 2 METHODS OF PSYCHOLOGY	11
		TOTAL	20
2	HALF YEARLY	CHAPTER :1 WHAT IS PSYCHOLOGY?	17
		CHAPTER : 2 METHODS OF PSYCHOLOGY	20
		CHAPTER : 4 HUMAN DEVELOPMENT	18
		CHAPTER : 5 SENSORY, ATTENTIONAL AND PERCEPTUAL PROCESSES	15
		TOTAL (THEORY + PROJECT/PRACTICAL)	70 + 30
3	PT 2	CHAPTER 6 : LEARNING	11
		CHAPTER 7 : MEMORY	9
		TOTAL	20
4	ANNUAL EXAMINATION	CHAPTER :1 WHAT IS PSYCHOLOGY?	11
		CHAPTER : 2 METHODS OF PSYCHOLOGY	13
		CHAPTER : 4 HUMAN DEVELOPMENT	11
		CHAPTER : 5 SENSORY, ATTENTIONAL AND PERCEPTUAL PROCESSES	8
		CHAPTER 6 : LEARNING	9
		CHAPTER 7 : MEMORY	8
		CHAPTER 8 : THINKING	5
		CHAPTER 9 : MOTIVATION & EMOTION	5
		TOTAL (THEORY + PROJECT/PRACTICAL)	70 + 30