

N. C. JINDAL PUBLIC SCHOOL
PUNJABI BAGH, NEW DELHI

ANNUAL CURRICULUM (2024-2025)

Class : .VII	Subject: Dance	Subject Teacher (Prepared By): .Mr. Jai prakash sisodia/Ms. Anjali Saini	Designation : .PRT		
Chapter Name	Chapter Topic / Sub Topic	Term /II	Start Date	End Date	No. of Periods
Kathak dance	Bhumi pranam	Term 1	1/4/2024	6/4/2024	2
	Introduction of 7 classical dance form	Term 1	8/4/2024	12/4/2024	2
	Introduction of dance teen taal theka,lahra,nagma	Term 1	15/4/2024	19/4/2024	2
	Tatkaar in Ekgoon and Dugoon	Term 1	22/4/2024	30/4/2024	2
	Tatkaar in Dugoon and Chogoon	Term 1	1/5/2024	3/5/2024	2
	Tatkaar in Chogoon and Thai	Term 1	6/5/2024	10/5/2024	2
	Theory Ekgoon, Dugoon, Chogoon and Thai	Term 1	13/5/2024	17/5/2024	2
	Hand movements Ekgoon in teen taal	Term 1	1/7/2024	6/7/2024	2
	Hand movements Dugoon and Chogoon	Term 1	8/7/2024	12/7/2024	2
	Revision Tatkaar,Hand movement's in theka	Term 1	15/7/2024	20/7/2024	2
	5 feet Round Ekgoon and Dugoon	Term 1	22/7/2024	31/7/2024	2
	3 feet Round Ekgoon and Dugoon	Term 1	1/8/2024	3/8/2024	2
	5 feet and 3 feet Rounds variations	Term 1	5/8/2024	9/8/2024	2
	practice of Padanth	Term 1	12/8/2024	17/8/2024	2
	Written work	Term 1	20/8/2024	23/8/2024	2
	Padanth in teen taal Ekgoon Dugoon Chogoon	Term 1	27/8/2024	30/8/2024	2
	7 Classical	Term 1	2/9/2024	6/9/2024	2
	All revision	Term 1	9/9/2024	13/9/2024	2
	Theory class	Term 1	17/9/2024	21/9/2024	2
	Test	Term 1	23/9/2024	27/9/2024	2

Prepared by Mr. Jai Prakash sisodia and Ms. Anjali Saini

Subject Coordinator Name : .Mrs. Bharti pushkarna

Sripal Singh
Anjali Saini

Bharti

N.C. JINDAL PUBLIC SCHOOL
PUNJABI BAGH, NEW DELHI

Class : VII

ANNUAL CURRICULUM (2024-2025)

Subject: Dance	Chapter Name	Subject Teacher (Prepared By): Mr. Jai prakash sisodia/ Ms. Anjali Saini	Chapter Topic / Sub Topic	Term/III	Start Date	End Date	Designation : PRT	No. of Periods
	Kathak dance		Guru Vandana	Term 2	1/10/2024	3/10/2024		2
			Saraswati Vandana	Term 2	7/10/2024	9/10/2024		2
			Thukra in teen taal 2	Term 2	14/10/2024	19/10/2024		2
			Thukra in teen taal 2	Term 2	21/10/2024	25/10/2024		2
			Revision					
			Salant/Namaskar in teen taal	Term 2	4/11/2024	8/11/2024		2
			Padanrh in Thukra	Term 2	11/11/2024	13/11/2024		2
			Padanrh in kavir	Term 2	16/11/2024	22/11/2024		2
			Revision					
			Odissi dance movements	Term 2	25/11/2024	30/11/2024		2
			Patriotic song and dance	Term 2	2/12/2024	7/12/2024		2
			Movements Ekgoon and Dugoon	Term 2	9/12/2024	12/12/2024		2
			Kuchipudi dance movements	Term 2	16/12/2024	21/12/2024		2
			Folk dance	Term 2	23/12/2024	27/12/2024		2
			Teen taal Tatkkaar and theke	Term 2	16/1/2025	18/1/2025		2
			Taal kaharwa	Term 2	20/1/2025	24/1/2025		2
			Taal dadra	Term 2	27/1/2025	31/1/2025		2
			Padanrh	Term 2	3/2/2025	7/2/2025		2
			Theory Class	Term 2	10/2/2025	15/2/2025		2
			All revision	Term 2	17/2/2025	21/2/2025		2
			Test	Term 2	24/2/2025	28/2/2025		2

Prepared by Name : Mr. Jai prakash sisodia and Ms. Anjali Saini

Subject Coordinator Name : Mrs. Bharti pushkarna

Jai Prakash

Bharti Pushkarna

Bharti